

**First Preservice Essential Newborn Care Course
Liaquat University of Medical and Health Sciences in
collaboration with MNCH program, Government of Sindh
and World Health Organization**



Course Director Summary:

VENUE AND DATES OF COURSE:

First Preservice Essential Newborn Care Course organized by MNCH Division LUMHS, in collaboration with WHO and National MNCH Program Sindh for the post graduates of OBGYN and Pediatric at Department of Gynecology and Obstetrics, LUH, Hyderabad during April 25 to 30, 2011.

This course was designed for designed from 3 days ENCC workshop given in course director guide into 6 working days from 8:30 am to 1:30 pm (daily 5 hours). The time expend in clinical and indoor sessions were same where all the sessions completed in giving duration.

Special thanks to Dr. Abdul Rehman Pirzado, MnCAH Provincial Officer WHO, Sindh/Team leader NPPI-WHO, Sindh/lead consultant preservice Sindh for his guidance, support and designing the split clinical course to be conducted as preservice activity.

INAUGURAL SESSION:

Dr. Ghulam Sarwar Channa, Director General Health Services Sindh, Chairperson and in charges of all OBGYN clinical units and Pediatrics attended the session.

DG health presided the inaugural session and chief guest was Dr Abdul Rehman Pirzado, Medical superintendent LUH, & his team, Dr. Mushtaque Ahmed Memon, District MNCH officer WHO and Dr. Nisar Memon, Nutrition Officer WHO among the guests.

Inaugural session started with recitation of holy Quran followed by course directors introduced of the course objectives. All guests and participants introduced themselves to the guests.

Participants were postgraduates residents of OBGYN and pediatrics at LUMHS, Jamshoro. Professor Salma Shaikh welcome all the guest, Dr. Abdul Rehman Pirzado gave brief introduction of concept of preservice workshops and importance of ENCC in postgraduate residency program. After that DG Health addressed the audience and appreciated LUMHS, MNCH program, WHO, Prof. Salma and Dr. Pirzado for their innovative ways to address health human resource development and at the end of ceremony concluding remarks given by course director

List of Facilitators

Name	Designation	department
DR. AKRAM SHAIKH	Senior Registrar	Pediatrics I
DR. FARKHUNDA KHURSHEED	Assistant Professor	OBGYN II
DR. ZAKIA ZAHEEN	Senior Registrar	OBGYN II
DR. NOUSHEEN	Senior Registrar	OBGYN IV
DR. NABILA HASSAN	Senior Registrar	OBGYN II
DR. SHAHNEELA	Assistant Professor	OBGYN III
DR. SHAZIA MEMON	Assistant Professor	Pediatric
DR. NAHEED PARVEEN	Associate Professor	OBGYN I

List Of Participants

No	Name	Residency Program
1	DR. PARKASH	MD
2	DR. SHAHNEELA SHEERAZ	MS
3	DR. ROHI NIGAR	FCPS
4	DR. GHAZALA ARAIN	FCPS
5	DR. ABIDA	MCPS
6	DR. SHAZIA MUSHTAQUE	MS
7	DR. SHEHLA AFSHEEN	FCPS
8	DR. BUSHRA	FCPS
9	DR. FOUZIA SHAIKH	FCPS
10	DR. NAJUM SEHAR	FCPS
11	DR. NEETA	FCPS
12	DR. MAHJABEEN	MS
13	DR. AQSA	MD
14	DR. FARHAT BATOOL	FCPS
15	DR. IMTIAZ	DCH
16	DR. SANA	FCPS
17	DR. NAHEED ROHI	FCPS
18	DR. SAMEENA BANO	MS

Session Plan

DAYS	TIME	TOPIC	FACILITATOR
Day I	8:30-10.00am	Welcome & Introduction	Dr.Akram Shaikh
	10:00 11:00am	Introduction to PCPNC guide	Dr.Zakia
	11:00 11:30am	Universal PrecautionS	Dr.Akram Shaikh
	11:30	Tea	
	12:30-1.30am	Care of the newborn at time of delivery	Dr.Nabeela Dr.Nousheen
Day II	8:30am to 9:00m am	Recap	Dr.Farkhunda
	9:00to 10:00am	Keeping Baby warm	Dr.Shazia
	10:00AM to 11:00am	Communication Skill	Dr.Zakia
	11:00AM	Tea	
	11.30-1:30pm	Clinical Work	Dr.Naheed Parveen
DAY III	8:30 to 9:00	Recap	Dr.Shehnila
	9:00-10:00 am	Breast Feeding ensure, good Start	Dr. Nabeela
	10:00 to 11:00 am	Breast feeding over coming difficulties	Dr.Shehnila
	11:00am	Tea	
	11:30 to 1:30pm	Clinical	Dr.Nabeela Dr. Zakia

DAYS	TIME	TOPIC	FACILITATOR
DAY IV	8:30 to 9:00am	Recap	Dr. Naheed Parveen
	9:00-10:30	Examination of newborn	Dr. Nousheen
	10:30am	Tea	
	11:00 to 12:00pm	Routine care of newborn	Dr.Shazia Dr. Farkhunda
	12:00-1:30	Alternative feeding method	Dr.Naheed Parveen
DAY V	8:30 to 9:00 am	Recap	Dr. Nousheen
	9:00-10:30	Resuscitation of newborn	Dr.Akram Shaikh
		Practice of Resuscitation	
	10:30 AM	Tea	
	11:00 – 1:30 pm	Clinical session	Dr.Shazia
DAY VI	8:30 to 9:00 am	Recap	Dr.Shehnila
	9:00 to 10:00 am	Small baby	Dr.Farkhunda
	10:00 AM	Kangro Mother	Dr.Shehnila
	11:00am	Tea	
	11:00to 1:00 pm	Clinical Session	Dr.Nabeela
	1:00pm	Closing Ceremony	

Summary of course

Number of working days : 06

Total number of hours worked: 30

Number of participants: 18

Number of facilitators: 04

Number of co facilitators: 04

Ratio of facilitator to participants: 1:4

Clinical sessions Labor room and post natal ward: 3 (5 hours)

Clinical Practice Paediatrics nursery: one (1 hour)

Modules: All completed

with live demonstration of delivery at abdomen seen by every participant.

Training Modules: All participants received PCPNC Guide and Participants manuals

All classroom teaching and facilitation were carried out as per teaching plan. Power point presentations, demonstrations, case studies, role plays, video sessions, group discussions, group work and home work were assigned as per time table. Preclinical briefing were arranged to guide about task sheets and clinical facility area. Clinical session went very well. Practice review generated a lot of discussion and understanding the importance of delivery on abdomen and immediate newborn care. Sessions on observing and filling of breast feeding forms I and II, routine care of newborn at post natal ward, examination and classifying a baby using PCPNC guide, alternative method of feeding and care of small baby also went well. Each facilitator was guiding and checking the clinical work of four participants in groups according to checklists and their presentations were then discussed in clinical review sessions. Checklists and task sheets were filled by participants and signed by facilitators. Attendance and punctuality of participants was very good. Session on resuscitation generated lot of interest, demonstrations were held on mannequins and were followed by an OSPE on resuscitation.

Facilitators meetings with course director were held daily at the end of day and further improving the teaching skills & time management issues.

Evaluation forms were filled by participants daily and collected at the end of course. Evaluation remarks of participants were positive and encouraging.

A Six days teaching schedule was followed as guideline.

All sessions including teaching and clinical hours were included and covered. Preparatory planning meeting was held one day before start the course.

