Titles & Objectives of the Workshops of the Conflict Transformation & Tolerance Education Project in the Kyrgyz Republic

Overall Project Objective:
To reduce the pressures on populations in the Fergana valley to have to involuntary move in response to violent conflict, through increasing the ability of the education system to transfer tolerance and conflict transformation skills to the community.

Workshop Cycle:
I. Tolerance Education & Participatory Methodology
II. Conflict Resolution & Participatory Methodology Follow Up, Teaching Human Rights
III. Conflict Resolution & Mediation, Youth Leadership & Training to be a Trainer

Participants can not attend workshops in the second cycle until they have successfully passed through the first and the second until they have passed through the second. Success depends on their degree of participation and the quality of the lessons produced and evaluations given by students. The duration depends on whether the logistical situation allows for practical sessions in schools. This document is under constant revision as the requests and evaluations change the programme we offer. Where workshops are marked with a star it means that these are only in preparation.

Cycle One: Tolerance Education & Participatory Methodology

Tolerance Education Through Participatory Methods: Part I

Project Objective: To increase teachers understanding and ability to implement participatory methodology so they can then effect a successful tolerance education programme in their schools.

Target Group: Teachers Duration: 3 - 5 days

Workshop Objectives:
To introduce the theoretical links between participatory methodology and tolerance education.
To outline the basic principles behind participatory methodology.
To give practical assistance to teachers on running lessons on Tolerance Education through participatory methods and using project materials.
To produce teaching materials to be shared with others.
To give opportunities for teachers to practice the above skills in a supportive environment.

Identification of trainers- contractors for running workshops.
Tolerance Education for Educational Administrators

**Project Objective:** To increase the understanding of educational administrators of tolerance education and conflict transformation so they can more effectively promote these programmes in the communities in which they work.

**Target Group:** Heads of Rayonos, Oblanos & Directors Duration: 3 - 5 days

**Workshop Objectives:**
To introduce the theoretical links between participatory methodology and tolerance education.

To outline the basic principles behind participatory methodology.

To give practical assistance to administrators in running workshops on Tolerance Education through participatory methods for teachers.

To identify ways in which the Oblanos and Rayonos can assist schools implement Tolerance education.

**Cycle Two: Conflict Resolution & Participatory Methodology**

**Follow Up**

Teaching Conflict Resolution for the Classroom

**Project Objective:** To increase the communities awareness of peaceful conflict resolution processes and to increase the ability of teachers to teach conflict theory and the practise of non-violent conflict resolution on an interpersonal level for the classroom and home environment.

**Target Group:** Teachers Duration: 5 days

**Workshop Objectives:**
To introduce the concepts of conflict theory and show teachers how it can be presented. (Key concepts include the potential positive nature of conflict, and that conflict is a process and not a state.)

To show teachers how they can get students to recognise the way in which they react in conflict situations.

To show teachers how they can get students to see alternative ways to cope with conflict when they are one of the participants.

To show teachers how they can teach stress and anger management techniques to their students.

To show teachers how to introduce some of concepts and theory behind the third party roles as it applies to the classroom situation.

To show teachers how they can have their students examine conflict resolution at an international level. (Discuss the Peace Process in Israel, Northern Ireland)
To adapt/ develop new lessons on conflict
To practice the teaching of conflict resolution in schools
To identify trainers- contractors for running workshops on Conflict Resolution

**Tolerance Education Through Participatory Methods Part II**

*Project Objective:* To reinforce the lessons learnt in the first workshop and to build the capacity to maintain the implementation of participatory methodology in the education system.

**Target Group:** Teachers Duration: 5 days

**Workshop Objectives:**
- To reinforce the concepts taught in the introductory workshop.
- To discuss any problems encountered in implementing participatory methodology and project materials.
- To show teachers how to present and discuss concepts like stereotyping, racism etc..
- To evaluate the lessons developed as a result of the first workshop. (These then become part of the shared teaching resource.)
- To promote/share the experiences of those who have stated professional associations/clubs which seek to implement the project.
- To assist teachers to develop new lessons.
Human Rights in the Classroom *

**Project Objective:** To increase the knowledge teachers and therefore students of their rights and obligations as stated in the UDHR and CRC and to give teachers the ability to teach these in the classroom.

**Target Group:** Teachers  **Duration:** 3 days

**Workshop Objectives:**
- To present an overview of the main instruments (UDHR & CRC) and the concepts that underlie them.
- To demonstrate how to present the concept of human rights to their students and the instruments in the classroom.
- To give guidance in assisting teachers to develop their own lessons on human rights.

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**Cycle Three: Conflict Resolution & Mediation, Training to be a Trainer**

**Resolving Larger Scale Conflicts through Co-operation **

**Project Objective:** To increase the capacity of the community to understand, and apply conflict resolution processes beyond the interpersonal level. It is hoped that if large scale violent conflict breaks out or seems imminent that community leaders will demand that a mediation process take place or apply it themselves.

**Target Group:** Teachers, Youth leaders, Local Government Officials  **Duration:** 3 days

**Workshop Objectives:**
- To further explore conflict theory and how it applies beyond the interpersonal level.
- To explore the traditional means used to deal with conflict.

**To examine other alternatives: Arbitration, Mediation, Negotiation**

To learn about the processes involved in mediation and to practise these skills in a fictitious simulation.

To examine how these skills could be applied to the school/youth group/local government environment.

To identify trainers- contractors for running workshops on Conflict Resolution.
Training to be Tolerance Education Trainers in your Community

**Project Objective:** To increase the ability of the education system to provide training in the methods of tolerance education and conflict transformation.

**Target Group:** Teacher Trainers  
**Duration:** 5 days

**Workshop Objectives:**

- To show how adults learn
- To teach the key elements of organizing and running an effective workshop
- To show how to teach Participatory Methodology
- To show how to teach Conflict Resolution and Tolerance Education
- To show how to use project materials
- To produce sets of lessons and accompanying methodology
- To practice training teachers in schools

Youth Leadership *

**Project Objective:** To increase the skills of potential youth leaders organize youth groups so as participation of members is maximised and ethos of tolerance for the views of others is transferred. This will result in youth organizations being agents for positive, inclusive, non-violent change.

**Target Group:** Teachers, Students  
**Duration:** 5 days

**Workshop Objectives:**

1. To meet others who have successfully started youth organizations
2. To determine objectives for any youth organization
3. To examine the participatory theory in relationship to youth leading other youth.
4. To show participants how to be youth trainers.
OTHER...
We also run camps for groups of students and their teachers.

Objectives:
1. To identify young leaders in the community and teach them how to resolve conflicts on a community level.
2. To encourage young people to write about conflict resolution in the community and give a refugee focus to all our workshops when necessary.

These objectives are then added...
1. To discover what it means to be a refugee
2. To consider the issues facing refugees

Training Programme Content

Note that this describes the content of the whole cycle of workshops which could be up to 20 days. The list does not include the breaks or the energiser activities that occur every two hours. After each activity we ask how they can use it in the classroom.

Introduction to the ProgrammeThe agencies and the people [Lecture 10 min]

Setting of Workshop Objectives[Lecture 10 min]

Group Building Introductions, Icebreakers, Confidence Building, Games [2 hrs]

Internal Procedures „Golden Rules‰ [Brainstorm 15 min]

Adult learning How are adults different to children when learning? [Brainstorm Comparison - 15 min]
  Analysis of Brainstorm:- discussion of presentation mode [5 min]
  Principles of Effective Learning: How to get more from a workshop. [Lecture/Discussion 10 min]
  Analysis of effectiveness of different modes of learning [Small group followed by large group discussion 40 min]

Definitions What is conflict/tolerance? [Small group discussion followed by presentation. 20 min] (Focus on interpersonal conflict)
  Identifying Practical Examples [Whole group 40 min]

Participatory Theory What is participatory methodology. Why you do it? Advantages and Disadvantages. [Small group Discussion & presentation 60 min]
Its connection to conflict and tolerance. Can we teach tolerance etc. using the traditional teaching styles?

What is the role of the teacher? [Whole discussion 30 minutes]

Participatory Methodology
Implementation of: discussions, role-plays etc. in the classroom

Practical exercises with analysis [2 days]

Small Group Dynamics
How to organise and maintain control. [Practical exercises Role-play, Brainstorm followed by whole group analysis] 120 min

Feedback & Analysis
How to give and receive effective feedback? [Discussion & practise 1 day. Much of this is ongoing]

**Using the Materials**

Tolerance Education Storybooks, games etc.
Anger and Stress Management All Equal All Different
Human Rights Instruments Conflict & Communication

Adapting the materials Making your own materials.

Using Student made materials Where you can get it, how to use it?

[Practical design exercises followed by presentation and analysis: 2 days]

Conflict Management Theory
Turning Avoidance to Management. How to increase participation in the resolution process. [Discussion and Role-play 2 - 5 days]
This includes practical exercises on how to put this into effect in the classroom.

Teaching Human Rights
An overview of what they are, the main instruments and ways to teach them in the classroom. [Discussion & Role-play 3 days]

Working Together
Teachers set up teaching pairs to work together after the workshop. They are also strongly encouraged to invite others to observe.

Ways in which teachers can share experiences and materials. Using the resource centres.
(We hope to offer workshops on setting up professional associations. This may be directly done through Counterpart.)
[ Discussion: 30 min.]

Evaluations & Post Workshop Tasks
What makes a teacher/trainer a good trainer?

Strengths and weaknesses of the workshop etc.
[Written and Discussion: 1 hour]

Design and use lessons if the classroom

Student evaluations of teaching