

Name: Kristen Frey

Major: Psychology

Honors and Awards:

- Undergraduate Research Fellow, National Institute of Mental Health
- Chancellor's Undergraduate Teaching Fellow
- Sigma Alpha Lambda, National Leadership and Honors Organization
- Psi Chi, National Honor Society in Psychology
- Golden Key, International Honor Society

Experience and Community Outreach:

- Research Assistant, Western Psychiatric Institute & Clinic
- Teaching Assistant, Biopsychology
- Intern, Cranberry Psychological Center
- Presenter, National Conference on Undergraduate Research, University of North Carolina
- Presenter, Second International Conference on Interpersonal Psychotherapy, Toronto, Canada



Future Plans

"I have recently applied to clinical psychology PhD programs for entry in fall 2007. I am interested in a career in clinical research and teaching."

Voting Information

O'Hara, PA

Project Abstract

Expressed emotion (EE) refers to the extent to which family members express hostility, criticism, and emotional over involvement toward relatives with psychiatric disorders. The current study will explore the extent to which EE is reduced following brief interpersonal psychotherapy (IPT-B) in depressed mothers of psychiatrically-ill children. Mothers will speak about their ill child and their relationship with the child as part of a 5-minute speech task; EE levels will be assessed according to these speeches. We predict that mothers treated with IPT-B will show lower levels of EE in their post-treatment speeches than mothers treated with treatment as usual (TAU). Further, we expect IPT-B mothers to speak more positively about their children from baseline to follow-up assessment.

Project Faculty Advisor: Jill M. Cyranowski, Department of Psychiatry, School of Medicine, Pittsburgh Campus