## **Search and Rescue and Disaster Gear** Keith Conover, M.D., FACEP

C:\text\asrcmisc\Personal SAR Gear\SAR Gear.doc Version 4.9 9/17/2011

Winter-only items in cold blue, summer-only items in hot orange	
I. SAR pack (everything in <i>green</i> goes into disaster	Eastern Great Lakes area from Garmin (in battery
pack or duffel for disasters) <i>check for some items in</i>	compartment)
bike panniers, hanging on inside of coat closet door,	☐ Garmin GPS accessories:
or daypack hanging on wall above downstairs landing	Quickstart Guide
☐ Belt pouches/hipbelt stuff (often in bag for easy transfer	USB cord for Garmin GPS
between packs):	USB extension cord (above not quite long
☐ Left hipbelt pocket (LowePro D-Res 10AW camera	enough to use with laptop in car; can hang on
pouch)	rearview mirror and works well as external
☐ Waterproof notebook and pen	USB GPS for laptop)
☐ 2 granola bars	Wrist strap for Garmin GPS
spare AAA disposable lithium cells (2 packs of 3,	■ Belt clip for Garmin GPS
sealed in plastic) for headlamp	Instructions for Garmin GPS
□ Petzl Tikka XP headlight²	<ul><li>2 spare alkaline AA cells for Garmin GPS (can't</li></ul>
☐ Right hipbelt pocket (LowePro D-Res 10AW camera	use lithium cells)
pouch)	☐ Folding toilet trowel/toilet paper
☐ Compass/whistle	☐ Altimeter
☐ wrist and head sweatbands	☐ Top Compartment Stuff:
□ contacts saline	☐ 2-person European-style Pertex Bivouac Sac (Bothy 2
☐ earbud speaker-mike for Yaesu handheld radio	by Terra Nova Equipment) (take out for disaster
☐ small roll duct tape	response)
counting beads:	☐ I-Liter Nalgene Water Bottle with duct tape wrapped
□ 5 light I dark, 5 light I dark	around it
☐ 10 light on longer string	☐ Pack Raincover
☐ Garmin GPS 60 CSx <b>Grey pouch</b> with:	☐ Small Aloksak plastic bag for wallet, etc.
□ belt clip and protective case	☐ Large Aloksak plastic bag for use as waterproof map
☐ Garmin 60csx handheld GPS unit with Garmin City	case
Navigator maps for entire continental USA loaded	☐ A few fast-food salt packets (for salting drinks in
on 2 GB micro-SD card (installed), along with	summer)
topo/water overlays for SW PA; Spare	☐ Aloksac plastic bag with
preformatted micro-SD card with topo maps for	☐ Nalgene bottle (60 mL) with sunscreen
	☐ Nalgene bottle (30 mL) with insect repellent
	☐ Basic Survival/Junk Bag³
<sup>1</sup> My theory is to keep pretty much everything packed in the SAR pack and then	☐ Outdoor Research Mesh Cube #4 (outer case)
take stuff out of it when heading out—this way I'm less likely to forget something	☐ 6 disposable AA lithium cells for radios, and 6 ÅA
important. I also won't put liquids in my gear unless they are (I) in a Nalgene	alkaline cells for GPS in plastic case
container, or (2) inside an Aloksak heavy-duty zipper plastic bag. I also color- code everything. I used to think that this was an affectation by some SAR people I	disposable AAA lithium cells, for headlamps, 2 sets of
know, but from 35 years of SAR experience, I now tend to color code more than	three
I used to. However, I still don't beat Gene Harrison—Bru Randall once went to a	☐ two heavy-duty Aloksac plastic bags sized for wallet
costume party wearing a large cardboard box, painted white, with big, wide	☐ Sears ignition pliers
green-red-green stripes running down it. Everyone immediately knew he was	☐ half roll of flagging tape

very light, and all fit in one of these belt pouches with lots of room for other stuff.

☐ waterproof/windproof matches + striker card in

☐ I packet of Gatorade mix, to make I liter

freezer Ziploc bag for protection

plastic container

waterproof matchcase

☐ water purification tablets (sealed, backup only)

☐ plumber's candle melted into 2-oz cylindrical fliptop

□ 2.5 gallon military-style canteen-liner water bag, in pint

□ tiny stuff, in film can: small bits of thread, 5 assorted-size

safety pins, 2 paper clips, 4 small pieces of Radio Shack

dressed as Gene's refrigerator. <sup>2</sup> This replaced a Princeton Tek EOS headlamp, which replaced a Petzl Zipka Plus Headlamp, which replaced a Petzl Zipka headlight. I liked the Zipka because it was so light, and bright enough for quick-and-dirty use, but it wasn't waterresistant at all, the switches tended to corrode over time and required taking the unit apart and cleaning with contact-cleaner and a steel brush. And, the foam pad that kept it from denting your forehead got all sticky and gooey after about a year of use. The Petzl Zipka Plus was a step up: brighter (one more LED, better LEDs), water-resistant, non-corroding switch, non-gooey head pad. But then the Princeton TEC EOS offered a 1-watt Luxeon Start side-emitting LED, which was much brighter and threw a beam farther. But then Petzl came out with the Tikka XP, which had a 1-watt Luxeon Star, AND was tiltable to various angles, and includes a diffuser that is an integral part of the light and can be drawn across the front to provide a diffuse area light. It also offers a "boost" option which will, for a few seconds, give you a quite bright beam. And, note: all of these lights use a set of three AAA cells (I use disposable lithium cells from REI), are very small,

<sup>&</sup>lt;sup>3</sup> Always have in pocket: Swisschamp Swiss Army knife with crosscut saw, file, etc.; windproof Windmill lighter; two Photonlights; small lockback knife.

	easy-melt solder, one 8-32x1" bolt with nut and two	☐ I roll Gear Aid Tenacious Tape⁴
	lockwashers, 2 12-14x1 self-drilling screws	☐ 3 ft of I" flat black pack webbing
	Lexan spoon	☐ I small cordlock
	Aloksak zip-lock plastic bag with	☐ I packet of Gatorade mix, to make I liter
	☐ Blanket pin	☐ SAR Stuff bag I:
	□ package of four single-use tubes of cyanoacrylate	☐ Goggles etc.:
	glue	☐ Lightweight goggles (for air operations; clear/tinted
	☐ I 50' length of Kelty reflective tentcord	interchangeable lenses) and Swim Goggles
	☐ I 5-yard roll duct tape (from rei.com)	<ul> <li>Lightweight hearing protection (earplugs on</li> </ul>
	□ cable ties:	lanyard)
	□ 3"-2	☐ I roll flagging tape
	releasable 7" – 2	☐ Waterproof handheld radio case
	mounting-hole type 10" - 2	☐ 3 Surgical masks and small bottle eugenol (oil of cloves)
	releasable 11" - 2	for masking smell of decomposed bodies
	<ul><li>eyeglass repair kit with screwdriver and spare</li></ul>	☐ Plastic signal mirror
	screws	SAR Stuff bag 2:
	☐ 3" strip of kneadable epoxy putty	☐ 2 Orion pocket flares (exp 5/06)
	□ 5 misc. sized needles, in old case for spare	☐ 2 Orion 60-second smoke signals (exp 2/07)
	mechanical-pencil erasers	☐ 2" load strap for litter carries
	Aloksak zip-lock plastic bag with	· ·
	☐ 3 leaf bags	☐ Water:
	☐ wrist sweatband	☐ Water Purification Bag:
	☐ Fiskars pocket knife sharpener	☐ MSR MiOx unit
	4 small packets toilet paper, in tiny thin zip plastic	☐ MSR SweetWater Microfilter
	bags	☐ MSR SweetWater Siltstopper prefilter
	red cotton bandanna (with leaf bags in protective	☐ Platypus Filter Link to attach Microfilter to Platypus
	Ziploc bag)	collapsible water bottle
	☐ Tiny survival compass	☐ Platypus 2 liter collapsible water bottle (this and all
	☐ magnesium firestarter	above available from <u>www.rei.com</u> )
	Aloksak zip-lock plastic bag with waterproof notebook,	☐ Water Purification Accessory Bag (smaller):
	2 pens and 2 pencils and tiny pencil sharpener	□ spare salt (for MSR MiOx water purification device)
		☐ 4 spare D123 batteries (for MSR MiOx water
	☐ tiny bottle contacts solution	purification device)
	☐ 30 mL bottle sunscreen	□ spare filter for MSR Sweetwater Siltstopper
	☐ 30 mL bottle insect repellent	prefilter
		☐ Sea to Summit 2.5 gallon (10 L) "Pocket Shower" water
Пы	tended Survival/Junk Bag	bag
	Outdoor Research Mesh Cube #1 (outer case)	☐ (I-Liter Nalgene bottle in top section)
	MSR 700 mL titanium pot with handles	<ul><li>(2-Liter Camelbak on outside – summer or winter</li></ul>
	·	version, depending on season)
_	pack of tiny playing cards	No-cook food, in 1.9L Lock and Lock box
	Petzl Zipka Plus headlamp with AAA lithium cells disposable AAA lithium cells, for headlamps, 2 sets of	□ 8 Boomi Bars <sup>5</sup>
		☐ 2 2-oz. Packs of Stoned Wheat Thins <sup>6</sup>
	three	☐ 2 4-oz. Packs of Stoned Wheat Thins
	water purification neutralizing tablets	□ 2 4.5 oz cans of mackerel fillets in olive oil
	I 50' length of Kelty reflective tentcord	Lexan fork
	I 5-yard roll duct tape (from rei.com)	l <del></del>
	disposable AA lithium cells, 8, in hard plastic case from	Warmth: Thinsulate vest in lightweight dry bag
_	Porter's Camera Store	☐ Shelter:
	Set of Aloksak tough/light zipper plastic bags	☐ Mont-Bell Blizzard Pack compressed disposable sleeping
	Gear Aid Quik Attach Slik Clip Assortment, "one snap	bag
	lock buckle, one ladder lock buckle and two tri-glide	☐ Adventure Medical Kits' Thermo-Lite® bivouac sack <sup>7</sup>
	style buckles, all of which can be attached to presewn	
_	loops without re-sewing." ( <u>www.rei.com</u> )	4 Van light gate quest un jung fan gamer en Sald en after fan de state de s
	McNett Field Repair Kit: "ultralight seam grip repair kit	<sup>4</sup> Very light, gets great reviews for permanent field repairs of tents, sleeping bags and the like; will have to see if it works better than the McNett repair kit, above.
	(seam grip, brush, patches) ( <u>www.rei.com</u> ,	5 The best fruit-and-nut bars I've found; available from www.amazon.com
	<u>www.mcnett.com</u> )	6 Packaged with an oxygen-absorber in a food-grade plastic bag sealed with a

<sup>6</sup> Packaged with an oxygen-absorber in a food-grade plastic bag sealed with a industrial-type heat sealer.
7 From www.adventuremedicalkits.com. I used to carry a Space™ Sportsman's

Blanket (heavier than the emergency blanket, and has grommets on the corners), folded in half with sticky Velcro stapled along two edges. This could be un-

	GoreTex Pants, Heavy Light: Spare Princeton Tec 4-AA cell halogen light with improvised diffuser and set of spare batteries and spare bulb and Jakstrap headband; also spare batteries (4)	<ul> <li>II. SAR Gear Bag (everything in green goes into disaster pack or rolling duffel for disasters)</li> <li>□ Top Section</li> <li>□ Radio Chest Harness® with spare long-duckie dual-banc antenna for handheld radio</li> </ul>
Ц	Vertical gear bag  ☐ Petzl seat harness ☐ Titanium BMS micro-rack ☐ Petzl Frog ascending system with extra quick-attach ascender	<ul> <li>□ Color code tape</li> <li>□ Short gaiters (may be in everyday daypack)</li> <li>□ Long gaiters</li> <li>□ In Aloksak bag:</li> <li>□ White shoe polish</li> </ul>
	Minimum rescue gear sling in bag  ☐ Gear Sling (single-length I" tied runner) ☐ Gloves ☐ Single-length sewn runners ☐ Double-length sewn runners ☐ Prusik loops ☐ Locking D rings ☐ Non-locking carabiners ☐ Small rescue pulley ☐ 20' I" webbing (for improvised seat harness) ☐ Emergency one-hand-opening knife with keeper cord ☐ Purcell Prusik with locking D-ring and Petzl Basic	□ ¾" yellow vinyl tape for marking on convoy vehicle windows □ Reflective tape for marking convoy vehicle back windows? □ Small Side Pocket: □ aluminum clipboard with storage full of SAR forms, pen: □ Bifocal safety glasses □ Large Side Pocket I: □ Kahtoola MICROspikes I 0 □ Crampons for Limmer Boots □ Sorel winter backpacking boots with pac liners and two extra pair of liners and large mesh bag for hanging liners
	ascender  On outside of pack:  □ ThermaRest ProLite 3 Short inflatable pad in stuffsack  □ GoreTex uniform parka (with balaclava and gloves in pockets)  □ Fluorescent mesh Mountain Rescue safety vest  □ Backpacking Static Emergency Rope: 80' of 5.5mm Blue Water Titan Spectra Cord (20 kN strength but no energy absorption) tied in a rescue coil  □ 2-Liter Camelbak (summer or winter version, depending on season)	on pack to dry  Spare crampon wrenches Ski Goggles (in one of the Sorel boots) Winter hood with rebreathe flap Winter insulated facemask  Side Pocket 2: JetBoil stove  Boots: Limmer custom backpacking boots with boot socks/liners
	Medical: WEMSI Personal Wilderness Medical Kit (3 red "First Aid" bags; see official WEMSI kit listing); packed in separate basic REI daypack for "grab and go" availability; also this pack zips to back of big medical kit/REI travel pack.	□ 2 Rolls flagging tape □ Food for Heating/Cooking, in 1.9L Lock and Lock box: □ 4 oz. Quinoa (fast-cooking complete-protein grain) □ 4 oz. Cous-cous (tiny pasta; just pour in boiling water) □ 2 pkgs. Hot cocoa mix □ 4 pkgs. Boullion mix □ 1 oz. Freeze-dried cooked diced beef □ 1 Mountain House entrée □ Lighter for stove □ 2 Lexan spoons
this Ther shro Spac on the	oed and used as a tarp, or used as is as a quick bivouac shelter. However, weighs almost a pound, and the Thermo-Lite sack weighs about half as much. The are no grommets on the corners but it wouldn't be hard to tie some ud line onto the corners, tying around a pebble if needed for strength. The tee Sportsmen's Blanket will fold out flat, and the Thermo-Lite sack is sewed the bottom and partly up one of the sides—but a pair of Swiss Army Knife ors could make quick work of this. When I put Velcro on my Space	☐ Clothing ☐ Polartec Fleece Top and Bottoms (Crestone Alpine Designs) ☐ 2 pair dry/clean boot socks/liners ☐ Pants Bag: ☐ 2 pr CoolMax underpants (briefs) ☐ I pr polypro long underwear

this weighs almost a pound, and the Thermo-Lite sack weighs about half as much. There are no grommets on the corners but it wouldn't be hard to tie some shroud line onto the corners, tying around a pebble if needed for strength. The Space Sportsmen's Blanket will fold out flat, and the Thermo-Lite sack is sewed on the bottom and partly up one of the sides—but a pair of Swiss Army Knife scissors could make quick work of this. When I put Velcro on my Space Sportsmen's Blanket, I put it all the way around on the bottom and side, and left the top open. The Thermo-Lite sack is sewn on the bottom and part=way up the side, and has Velcro up the rest of the side and, unlike my prior home-brew, across the top. But the Velcro is intermittent, with  $\sim\!6"$  Velcro strips alternating with open areas. I'm not convinced my homebrew was superior, so I'm going to try the Thermo-Lite as is. One criticism of the Thermo-Lite Bivouac sack (at <a href="https://www.backpackergeartest.org">www.backpackergeartest.org</a>—great place for gear reviews) is that the small mesh vent at the bottom keeps closing when you make random movement, as there is both hook and pile Velcro on either side of it. I put a small piece of nonsticky pile Velcro in the stuffsack with the bivouac sack which should take care of

 $<sup>^{\</sup>rm 8}$  Currently I favor one from The Pouch.

<sup>&</sup>lt;sup>9</sup> Trailer DOT reflective-tape Conspicuity Kit from eBay provided cheap source of such strips. In cardboard sleeve to protect them from folding/breaking.

<sup>&</sup>lt;sup>10</sup> Have tried Yaktrax (good for flat, slide up over the boot toes going uphill or running), Stabilicers (too klunky) and these seem the best all-around "creepers" for nontechnical ice and snow; get great reviews at rei.com.

<sup>&</sup>lt;sup>11</sup> This size available as part of a set from www.amazon.com

□ I pr artificial-fabric "jogging pants" (LL Bean climbing pants) □ I pr Ex-Officio fleece-lined nylon pants □ I pr Patagonia shelled Capilene overpants □ Shirt Bag: □ I cotton long-sleeved ASRC uniform shirt □ I cotton ASRC uniformT-shirt □ I Sequel net CoolMax desert shirt □ I zipper-turtleneck mid-weight wicking top □ 2 Lightweight CoolMax fishnet T-shirts □ Bug suit (mosquito netting)	IV. Caving Gear  ☐ Misc: Caving Gear ☐ Boots and socks ☐ Polypro tops and bottoms ☐ Helmet with HDS Systems Actionlight and Princeton Tec lights ☐ Caveralls with: ☐ gloves ☐ waterproof paper, pen, pencil ☐ small contacts saline (2) ☐ Malden Powerstretch 100 union suit, underpants and CoolMax fishnet and socks
III. Technical Rescue Bags  A. Kept in vehicle all the time  Rope: 100' PMI static rope in rope bag etc.  B. Only thrown in as needed Rope: 50 meter dynamic climbing rope Technical Gear: about 50 lbs of misc. climbing and technical rescue gear including three deadmen (can use in mud, e.g., in caves) Winter: three snow pickets, crampons and crampon wrenches in crampon case	Caving necklace (quick-release) with  □ tip cleaner brush □ small folding knife/screwdriver □ whistle □ small compass □ 2 Photon microlights  Cave Pack Contents □ 500 cc water bottle with duct tape □ extra food: 4 power bars and some jerky/in bottle □ thin balaclavas/in bottle □ thin pile sweater/in dry bag □ 8 lithium AA cells and iodine water tablets/in bottle □ hypothermia kit/in bottle: □ 3 leaf bags □ candle/in bottle □ matches/in waterproof case □ Mg metal firestarter □ junk incl. 2 Photon microlights/in bottle □ minimum vertical kit (seat, biner, 2-knot rig) □ first aid kit □ SamSplint □ standard daypack/cavepack first aid kit □ Swiss Army Knife and mini Leatherman/on lanyard □ 30' parachute cord

V. Disaster Gear items in red must be added to	Clothing: appropriate outer clothes for season and
gear on deployment	area, khaki Tilley <b>hat (from vehicle)</b>
Rolling Duffel (from basement across from freezer: High Sierra (highsierrasport.com) AT202 36" Drop-Bottom	☐ Electronics: clear plastic "For Disaster Response"  Computer Misc. Box Lock and Lock cases (from
Wheeled Duffel with Backpack Straps, purchased from	vehicle)  ☐ Shoe driers (12V and 110V) (winter only) (from
Cabela's, www.cabelas.com)	overnight bag in bedroom closet)
☐ I Outer Pocket (other outer pocket kept free for other items):	☐ Everyday shoes (Summer: Teva Sandals, Fall and Spring
straps for strapping pack to rolling duffel	lowtop walking shoes?, Winter: hightop walking shoes)
☐ In Aloksak bag: (add from SAR pack)	(from bedroom/bedroom closet)
☐ 60 mL Nalgene bottle of sunblock	☐ Lightweight duffel for pulling stuff out of duffel to
☐ 60 mL Nalgene bottle of insect repellent	equalize weight or for extra stuff
☐ In Aloksak bag: (add from SAR Gear Bag)	<ul> <li>□ Plastic <b>clipboard</b> with forms storage, pens</li> <li>□ Sorel <b>winter boots</b> and liners (winter only)</li> </ul>
☐ White shoe polish	
3/" yellow vinyl tape for marking on convoy vehicle windows	☐ Disaster Pack (Vaude Ultralight Rock Comfort 35 pack), with emptied internal Camelbak: goes flat into large rolling
Reflective tape for marking convoy vehicle back	duffel, with the following equipment planned for it as needed
windows (add from SAR Gear Bag)	for Strike Team air ops:
☐ pack lock and multi-luggage cable lock	□ top pocket
☐ Ziploc bag with multiple small bottles of waterless	☐ Nalgene I-liter water bottle (add from SAR Pack)
hand-cleaner	Aloksac plastic bag with (add from SAR Pack)
□ ID case for hanging around neck and one for arm	<ul><li>□ Nalgene bottle (60 mL) with sunscreen</li><li>□ Nalgene bottle (30 mL) with insect repellent</li></ul>
<ul><li>☐ Inner pocket (net pocket on bottom of divider):</li><li>☐ Nalgene bottle with one load's worth dry laundry</li></ul>	☐ Ieather work gloves (Bucket Boss type) with
detergent (and room for more if can scrounge)	minibiner
□ 10 lightweight clothespins (N.B.: tiny	☐ Building escape kit: 70' of 7 mm nylon rope, in
clothesline/pins also found in Austere Toilet Kit)	rescue coil, pear-shaped locking carabiner for
☐ Lightweight nylon dirty-clothes bag (from overnight	Münter hitch rappel, and 10' I" webbing for diaper
bag in master bedroom closet)	seat
<ul><li>□ Add (from black bag)</li><li>□ into Outdoor Research Clear Pocket #3</li></ul>	<ul><li>4 spare waterproof mini SAR notebooks</li><li>laminated index of DMAT Pharmacy Cache</li></ul>
zipper bag:	☐ Garmin GPS 60 CSx belt clip and protective case, and
☐ medical headlight¹²	two hipbelt detachable pockets (add from SAR Pack)
otoscope/ophthalmoscope and otoscope	☐ Back Pocket
extras (specula, curettes)	☐ Biking Camelbak (summer only; hanging inside coat
☐ Broselow pediatric resuscitation	closet)
measuring tape, laminated pocket cards	☐ Austere Toilet Kit
□ tools (bandage scissors, Kelly clamps, needlepoint ViseGrips, McGill forceps, FB	□ in separate large net bag for drying: I large and I small PackTowl
remover.)	in separate large net bag for drying: washcloth
☐ Lightweight stethoscope	made from piece of Packtowl
☐ Olympic safety glasses with magnifiers (instead	☐ Contacts solution, contacts case, razor, Q-
of loupes; add from SAR Gear Bag)	tips, Sea to Summit Travel Soap <sup>14</sup>
Yellow Packing Cube: uniform tops (2)/trousers (3)	Pocket tissues
☐ Blue Packing Cube: Uniform Shorts (2) (summer only)/DMAT PA-1 uniform T-shirts (4) including	<ul> <li>□ Tampax¹⁵</li> <li>□ 2 Travel Bath towels, sealed in bags</li> </ul>
black/navy CoolMax fishnets (4) to wear under uniform	☐ Toothbrush and paste, floss, flossers,
t-shirts	Stimudents
☐ Spare <b>underwear</b> (7 pr) and <b>socks</b> (7 pr) and <b>T-shirts</b>	☐ Comb
(2), polo shirt (1)13, packed in Eagle Creek packing	☐ track shorts
modules and labeled (from overnight bag in bedroom	☐ CoolMax tank top
closet/bedroom)	☐ 2 REI I-ounce clotheslines (www.rei.com)
<ul><li>☐ Purple toilet kit (from overnight bag)</li><li>☐ black zip-up military boots (from vehicle)</li></ul>	
Diack Zip-up Hillitary Doots (Holli Verlicle)	l <del></del>
	<sup>14</sup> 50 quick-dissolving leaves of soap suitable for shampoo, soap, laundry soap, dishwashing soap; Replaces 30mL Nalgene bottle of shampoo; saves an ounce of

 $<sup>^{\</sup>rm I2}$  VersaBrite II from Pelican with a Strapit headband; can position light between eyes for seeing into noses, ears, etc.

 $<sup>^{\</sup>rm l\vec{3}}$  All wicking and fast-drying, except the socks; no artificial-fiber socks work as well as wool. Yet.

<sup>&</sup>lt;sup>14</sup> 50 quick-dissolving leaves of soap suitable for shampoo, soap, laundry soap, dishwashing soap; Replaces 30mL Nalgene bottle of shampoo; saves an ounce of weight. Package inside a 3"x5" heavy-duty ziplock plastic bag to protect against water. From REI.

water. From REI.

15 No, no, not for me—to sell to desperate women. Sometimes worth their weight in gold—well, they don't weight very much, do they?

<ul> <li>□ Water: two water purification mesh bags with filter pump and MiOx unit (if not in SAR pack, check daypack or bike panniers)</li> <li>□ Sea to Summit 2.5 gallon (10 L) "Pocket Shower"</li> </ul>	<ul> <li>□ bandannas (2), minibiners (2), elastic straps for head to keep head from flopping around when sleeping sitting up in the back of a C-130</li> <li>□ food: several food bars and some nuts</li> </ul>
water bag (add from SAR Pack)  Cooking: MSR multi-fuel stove, new unused fuel bottles,	☐ small book ☐ toilet paper in Ziploc bags
gas siphon	2 Travel Bath towels, sealed in bags
Food (3 days' worth if combined with what's in SAR	☐ Toothpaste and toothbrush
pack) (add two additional Lock and Lock boxes of food	☐ Waterproof notebook and pen
from SAR Gear Bag and SAR pack to make 3 days'	24-hour "ready" pack: (fluids to remove for air travel
worth)	highlighted);
☐ Freeze-Dried Food: 2.6L Lock and Lock box <sup>16</sup> with	use Tumi (AlphaTumi T-Pass™ Business Class Briefpack
3 freeze-dried Mountain House or Natural High	style: 26578) pack, add to it/leave in it:
dinners ("Serves 2" – yeah, if you're not hungry)	Everyday Emergency Kit (move EEK buttpack to outside
No-cook food, in 1.9L Lock and Lock box (from	to make more room for stuff inside if needed)
SAR Pack)	☐ Back Top Compartment:
☐ Extended Food: 2.6L Lock and Lock box (take out	<ul> <li>Logitech Anywhere wireless laptop mouse</li> </ul>
unless known extended austere deployment)	2 spare lithium AA cells for mouse
☐ 6 I-liter packets of Gatorade mix	☐ Sunglasses
<ul> <li>2 4-oz. packets of walnuts, sealed (with commercial food bags sealed with a</li> </ul>	☐ Back Bottom (small) Compartment:
commercial heat-sealer, with oxygen-excluder	Spare multipurpose contacts solution: 2 3 mL
packets in each)	dropper bottles, I 8 mL dropper bottle
6 oz. Stoned Wheat Thins sealed in bag	□ 2 spare pens □ 2 spare combs
☐ I lb (6 blocks) of Mainstay compressed	☐ 2 spare combs☐ hipbelt and sternum strap for pack
emergency food rations <sup>17</sup>	infrequently-used membership cards
☐ Eating: Large Aloksac plastic bag with	spare business cards
☐ Lexan knife/fork/spoon/soupspoon	pen refills
☐ Orikaso folding cup, plate, bowl®	□ bookmarks
☐ small mesh bag with small bottle of dishwashing	☐ Back Bottom (big) Compartment:
soap and scrubber	Lightweight iGo Green power supply (does work
□ Shelter: Small tent (orange stuffsack, MSR Hubba) for	for Sony Vaio Z laptop both AC and DC) (add
winter or Hennessy hammock for summer (from back of vehicle)	Powerstripsaver, AC cheater, and AC extension
☐ Sleeping: ThermaRest NeoAir sleeping pad (from back	cord from on top of books next to Color Laserjet
of vehicle)	in home office)
☐ Sleeping: Sleeping Bag stuffsack with liners, lumbar	Glasses case (Oakley Vault small) with
pillow and stuffable pillow (in winter, also include	☐ Glasses ☐ contacts case
auxiliary stuffsack with down booties and overboots)	☐ Contacts Case ☐ Contacts Solution 8 mL dropper bottle
(from back of vehicle)	☐ Glasses keeper cord
☐ Survival/Junk Bags (two) (from SAR Pack)	☐ Spare laptop battery
☐ SAR Stuff bag (take out flares/smoke/load strap if	☐ Ultralight camera (Canon Powershot SD I I 00 S)in
traveling by air) (from SAR Pack)	neoprene case with spare battery
□ WEMSI Personal Medical Kits (three red bags in black	☐ Spare car key on lanyard attached inside
REI daypack from back of vehicle)	compartment
□ backup GoreTex jacket (winter only)	☐ In small pockets inside compartment:
Travel waist pack:	Pocket I:
☐ Small (500 mL) Platypus collapsable water bottle: (fill	☐ Checkbook
from water fountain once through security at airport)	□ Pocket 2:
☐ ThermaRest "neck" pillow with eyeshades and earplugs	□ Nail file
	□ Highlighter □ Spare pen
16 Available at Target stores; cheap, sturdy enough to be crush resistant (though	☐ Sharpies (1 each small, regular, large)
not so much as an Otter or Pelican box, only a fraction of the weight and bulk),	☐ Mechanical pencil
waterproof and airtight.	☐ Inside-pack "laptop" pouch
<sup>17</sup> Take a block, crumble into a cup. Add about a cup and a half of hot water. Stir. Wait for a few minutes. Makes an OK breakfast cereal, especially if you add	$\Box$ thin clear 9x11.5" document file envelopes (3)
raisins. Not as good as the old Mainstay rations, which made really good cream	☐ Grey pouch with
of wheat.	
<sup>18</sup> This clever "origami" style folding cup and dish/bowl fold flat for storage and	

are very light and easy to clean. About \$5 each.

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	<ul> <li>□ Personal meds: Pulmicort, Atrovent and albuterol inhalers, steroid nasal spray, Pepcid, cardboard inhaler spacer</li> <li>□ small roll of color code tape</li> <li>□ bit of toilet paper in small plastic bag.</li> <li>□ Sweatband</li> <li>□ Collapsable backscratcher</li> <li>□ ¾" flat black nylon webbing straps with Fastex buckles (for attaching things to lash patches sewed to front of Tumi pack) (2 sets, long and</li> </ul>	□ cable ties: □ 4 - 2" □ 2 - 4" □ 2 - 8" (with mounting hole at end) □ 2 - 10" □ 2 - 15.5" releasable □ Self-drilling screws: <sup>25</sup> □ 4 - 12-14×1" □ 4 - 10-16×1.5" □ 4 tiny strips Radio Shack easy-melt solder
	short) Heavy-duty Aloksac plastic ziplock plastic bag sized	☐ Miniature sewing kit (1 ounce) ☐ 2 – tampons, in Aloksak plastic bag
	to fit wallet Sil-nylon pack raincover (XS,	☐ 2 safety pins ☐ Outside the "laptop pouch" but inside the laptop
	www.granitegear.com) Ultralight waterproof/breathable parka (North	compartment: ☐ laptop
_	Face Triumph jacket)	☐ Right side compartment: pouch with
	Light GoreTex pants (Cloudveil	☐ Various Hospital IDs and clip for FEMA/DMAT IDs
	www.cloudveil.com) Small Mesh bag travel emergency overnight kit:	(IDs in wallet)  Oral B Travel Toothbrush and small toothpaste
_	Tiny MSR Packtowl Personal, Sea to Summit	☐ Grey "computer" pouch with
	Pocket Body Wash <sup>19</sup> , CoolMax underpants, light	☐ iGo powerXtender Battery Operated Charger
	CoolMax fishnet T-shirt, pr. wool socks. (Already	(will recharge cellphone from AA cells) with
	have toothbrush, toothpaste, contacts solution and	A97 micro-USB tip
	combs in other pockets of pack.)  Disaster Toolkit:	☐ iGo tips for above and other iGo chargers, 10 misc tips
_	☐ Screwdrivers and sockets:20	☐ Solio Classic Solar Charger/Battery (charged
	☐ Husky 8-in-1 Precision Screwdriver Set <sup>21</sup>	up already via USB)
	☐ Screwdriver/socket bit set and driver <sup>22</sup>	☐ Solio USB charging cables:
	□ Lutz 2-in-1 Phillips #1 and 5-6 (3/16")	☐ USB-Solio for charging Solio
	slotted screwdriver <sup>23</sup> Small Channel-lock pliers	☐ Solio-iGo with A97 micro-USB tip for charging cellphone
	☐ Leatherman Squirt E4 electronics tool (with	☐ Ultrapod micro camera tripod with nylon ¼-
	wire stripper, with knife broken off to pass	20 bolt to position solar charger
	TSA security for flying)	☐ iGo laptop charger DC cigarette-lighter cord
	Radio Shack contact cleaner pen	☐ iGo cigarette-lighter DC charger adapter for
	Radio Shack pocket digital multimeter	cellphones with A97 micro-USB tip
	☐ Lightweight magnifiers: Model CO5: 2.5x 8" focal distance, from Donegan Optical	<ul><li>□ AC-USB power adapter</li><li>□ I short USB-micro-USB cable</li></ul>
	Company <sup>24</sup>	☐ ZipLing RJ-45 cable
	Company	☐ iGo I -> 2 tips adapter
19 50 quick-diss	solving leaves of soap suitable for shampoo, soap, laundry soap,	☐ micro-USB I -> 2 adapter
_	pap; Replaces 30mL Nalgene bottle of shampoo; saves an ounce of	☐ USB-iGo tip adapter cord
weight. Packag water.	e inside a 3"x5" heavy-duty ziplock plastic bag to protect against	2 GB thumb drive for laptop backup (also keep
	oound, this tool set has small and large screwdrivers including Torx	8 GB USB keys on keychain)
	$\frac{1}{4}$ "-3/4" and 7-19mm sockets with a ratchet driver. er and smaller than similar offerings from Sears and Kronus;	☐ micro-mini-standard SD card adapter set☐ 1/4 of a microfiber lens cleaning towel; for
approx. 1.5 ou	nce. with following bits, some from a separate 8-in-1 Torx version	cleaning glasses, camera, laptop)
	rewdriver set): Slotted 1/16", 5/64", 3/32", 1/8" (1-2); Phillips ), #1; Torx T4, T5, T6, T7, T8, T9, T10, T15.	small Windex bottle for cleaning laptop screen
<sup>22</sup> Sears Craftsı	man 947483 Magnetic 32-piece Screwdriver Set, selected bits only:	☐ I 3mL bottle of dried habanero pepper (for
	'32"), 8-10 (1/4"), 12-14 (3/8"), 14-16 (29/64"); Phillips #2, #3; ; Hex (Allen) 5/64", 3/32", 7/64", 1/8", 9/64", 5/32", 3/16";	boring food)
	square adapter. Craftsman handle at $> 7$ " is too long for airplane	Left side compartment: with radio equipment:
	ge per the TSA, so replaced with a (short) Task Force 7-Piece	☐ Field-programmable amateur handheld VHF/UHF radio (Yaesu FT-60R) loaded with
	driver Item #:307991, Model: 53905 from Lowe's for \$2; all the andle if you unscrew and take out the little bit clip in there; also a	empty AA cell battery pack
2" magnetic bit	t driver that extends this stubby screwdriver to full length. Also	extra antennas
added Neiko p	ocket ¼" ratchet driver, 3/8" to hex adapter, and Gator Grip	

ETC-200MO Universal Socket ¼"-3/4" and 7-19mm. Total weight ~11 oz.

 $^{24}\,\mbox{Will}$  work by themselves or can be clipped to glasses; 4 ounces including

separate protective cases for glasses-frame part and magnifier part.

<sup>23</sup> Long thin shaft for recessed screws; wt. I ounce.

□ cells (6 lithiums, 6 alkalines)

<sup>&</sup>lt;sup>25</sup> Gator Grip socket

all B B C C C Main Com C Should emerg Spare C Luggag Lapto	npartment day Emergency Kit/buttpack (see separate ) der strap and backpack straps for everyday gency kit buttpack small sil-nylon stuffsack	_	Light:  Eveready fluorescent D-cell lantern with lithium cells  Water:  3 I-liter bottles (full)  MSR water bag if not on pack  Backpacking PUR water filter (superseded by small filter/MiOx unit)  Extra canisters for backpacking water filter  Empty 2.5 gal water bag and bladder  Seattle Sports folding bucket and basin  Sea to Ski Pocket Shower  Shelter:  Disposable compressed sleeping bag  Roll of leaf bags  Wad of smaller trash bags  Clothing:  Small size Pack Towel  Old Goretex parka/pants  Spare nylon pants  Bag with spare gear:  2 wool balaclavas  I pair wool mittens  2 pair brown fleece gloves  pair wool socks and liner socks  leather gloves  cheap compass and 2 whistles  spare goggles  Food (in mouse-resistant boxes):  MRE/Fireline Meals: 4  MRE heaters: 3  Can of dried greens: I  Granola bars: I box  Bacon bits: I small can  Survival (cream of wheat) bars: I package  Quick-cook dried veggie meals: 3  Lexan lunchbox: I

<sup>&</sup>lt;sup>26</sup> Miscellaneous Bag, SAR Gear Bag, Caving Gear Bag, and Technical Rescue Bag are Patagonia boot/duffel bags, circa 1990, which I don't see in the catalog any more. Uniform size and shape makes packing the back of the truck easier. Each is labeled with a 3x5" laminated tag with the name of the bag on the front, and my name/color code/contact information and a brief contents on the back, attached via a 2" Versalink type ketychain put through a brass grommet on the tag and then around a zipper pull; similar tags on the SAR pack, tool kit, etc.

□ Cards □ Organic vapor respirator □ 10' 1" flat black pack webbing □ 1" black nylon pack webbing hardware: 2 ladderlocks, 2 triglides, 1 adjustable buckle, 2 D rings □ 2" adjustable buckle and 2 2" triglides □ 1 cordlock □ 1 Zipper Repair Kit (www.rei.com)  VII. Items Loose in truck (everything in green goes into disaster pack/duffel for disasters; add items in red) □ laptop sunscreen (usually to the left of the front passenger seat) □ Corrected Miss. Pack (nature of USP) have a real FLOMP and	□ paper clips □ I pr. Scissors □ I stapler □ spare staples □ mini-grid overlays □ protractor □ Canon i80 color inkjet printer with □ USB cord □ Power adapter □ spare ink cartridges □ blank paper (~75sheets) □ Extension cord, 30' □ Powerstrip Saver □ 2 > 3 prong power adapter
Computer Misc. Box (note: two USB keys, one 512MB and one 2 GB, on personal keychain; have two so that there is a second backup for robustness/redundancy/sharing)  □ CD-Rs (2) and DVD-Rs (4) in thin cases and small and large Sharpie for marking  □ 2 - Modem cords with female-female adapters  □ USB printer cable  □ adjustable-angle female>male USB adapter  □ lightweight USB I > 4 hub and AC power supply  □ Micro-SD>SD card adapter  □ FT-60 USB handheld radio programming cord  (www.usb2ttl.com) and cloning cord  □ Sandisk Imagemate 5 in I photo card USB adapter (add from desk, USB cord's already in the box)  □ I short Monster I->3 extension cord  □ Powerstripsaver  □ I->3 AC adapter	□ I > 3 3-prong adapter □ Maptech CDs for VA, WV, MD, PA (part of Ohio) □ Mission Folder Set: Two Sets of Five Master Folders fo search: □ General File □ Area Poster Signs: Staging Area, Operations, Sign-In, Commo □ Daily Form #1: Command Log (4 sheets) □ Daily Form #2: Table of Organization (I) □ Daily Form #3: SAR Unit Personnel Register (4 sheets) □ Daily Form #4: Local Volunteer Personnel Register (4 sheets) □ Daily Form #5: Vehicle Register (4 sheets) □ Daily Form #6: on Tasks Completed Folder (I)
☐ Car Laptop/GPS Travel kit ☐ Cellphone vehicle suction-cup mounting kit with 2 mL squeeze bottle Windex and lightload compressed towel for cleaning windshield for mount (add actual mount from small car)	□ Daily Form #7: on Tasks in Progress Folder (I) □ Daily Form #8: Communications Log (4 sheets) □ Daily Form #9: SAR Resources Worksheet (I) □ Incident Form #1: Missing Person
S Radios: 4 cheap FRS radios with spare AA alkalines  Charcoal Vest HeatPac hypothermia rewarming device with 18 hours of fuel in Pelican box  Mini-Opskit (in a file box)  Equipment  File Case with label on outside  File Case insert, slide-in style, with  2 sets of dry-erase colored markers  2 sets of colored highlighters  several pens  roll of 2" clear adhesive tape  Canine Resource Capabilities Summary forms  File Case insert, flip-open style, with  2 Scotch tape dispensers  I small roll KC color code tape	□ Incident Form #1: Missing Person
<sup>27</sup> Truck is a beat-up 1988 Range Rover with a variety of additions, including a newer 3.9 L V8 engine, ARB bar on the front with extra Hella lights, and a 9000-lb Warn electrical winch, skid plates and tow points underneath, a Odyssey primary and Optima yellow-top deep-discharge secondary battery with a Husky isolator, and a Jottodesk with an integraded iGo Juice power supply for my laptop, and an iGPS USB GPS permanently installed on the roof with the USB cable sticking out of the dash near the Jottodesk, a VHF/UHF mobile radio, and a 12V charger for my Yaesu FT-60 handheld.	Folder: Carbon Faper  Folder: Transparency Masters (for copier)  Folder: blank paper (for copier) (about 100 sheets  Folder: Searcher Information Sheets (about 20)  Folder: Essential Documents  Pennsylvania State Highway Map  Pennsylvania USGS Topographic Map Index

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ICS Field Operations Guide (ICS-420-1)   Search is an Emergency Field Coordinator's Guide   Folder: Originals to Photocopy (PSARC Forms Packet, PSARC Grid Overlay)   Folder: Spare Forms   Folder: Cave Rescue Forms   ER-NCRC Level of Urgency Chart (I)   Personnel Log (I)   Communications Log (I)   Equipment Log (I)   Rescue Event Log (I)   Lost Person Questionnaire/Checklist   Mission Personnel Register (I)   Medical Assessment Flow Sheet (I)   Mini-Information Form (I)   ER-NCRC Task Assignment Form, double, with carbon paper (IO)   Spare Folders (IO)   Helmet with 2 lights (HDS Systems ActionLight III on order to replace old ActionLight I; Princeton Tec 4-AA cell halogen flashlight with improvised diffuser mounted to helmet with mounting-style cable ties)   Hanging Clothes/etc:   Tilley hat (add to Tumi Pack for disasters)   Best Gore Tex Parka (Marmot Glenmore) with hat, facemask and gloves   Powerstretch fleece pullover (LL Bean)   Thick fleece jacket (Lowe)   Softshell jacket (Cloudveil Serendipity) with Cloudveil hat, facemask and winter gloves   Primaloft vest (Cloudveil Serendipity) with Cloudveil hat, facemask and winter gloves   Primaloft vest (Cloudveil Enclosure)   Expedition down parka and pants and mittens (for standing around for long periods in cold weather)   ASRC Uniform Shirts:   Short-sleeve cotton shirt   Long-sleeve CoolMax shirt   Long-sleeve lightweight polyester fleece/chamois shirt	leather work gloves (Bucket Boss type) with minibiner   bag of flagging tape   small bottle of waterless handcleaner   neck lanyard/ID holder   PolarWrap sport rebreathe flap   2 water bottles full of water in side pockets, and one bottle full of water in separate belt pouch   DMAT uniform for local deployment   team t-shirt   uniform blouse   uniform pants/belt   team hat   below hanging clothes: combat-type boots with zip-up inserts (summer Danner Striker GoreTex boots or winter Matterhorn ATD insulated boots depending) with two pair Rohner brown trekking wool socks (add to Disaster Duffel)   Sleeping bag stuffsack²²   Sleeping bag (3-season or winter: Western Mountaineering down bag)   Polypro liner   Silk liner   ThermaRest Lumbar pillow   Extra stuffsack with:   Down booties   Overboots for staggering around in deep snow in down booties   ThermaRest NeoAir³o inflatable pad in stuffsack with repair kit in bottom of stuffsack   MSR Hubba one-person tent and Hennessy Backpacker Asym Ultralight hammock with extra screw-eyes to mount on buildings, Kelty Triptease Lightline (www.kelty.com) as high-visibility replacement for rainfly pullouts, and added Lazr Hi-Vis titanium tent stakes from Bozeman Mountain Works (www.backpackinglight.com)³¹   Army blanket to cover everything   Tracking stick (old bamboo XC ski pole without basket but with rubber bands)   Flotation vest and polypro throw rope in bag
<ul> <li>□ DMAT/SAR Base Buttpack <sup>28</sup> with two full 750 mL water bottles, spare LED headlamp, spare flagging tape, Water bottle/water bottle belt pouch</li> <li>□ laptop computer sun visor</li> <li>□ big Aloksak plastic bag (for laptop computer when it's raining)</li> <li>□ big goggles</li> <li>□ hearing protectors</li> </ul>	<ul> <li><sup>29</sup> Granite Gear compression stuffsack; will compress very tightly and small for packing.</li> <li><sup>30</sup> Very expensive, &gt;&gt; \$100, but very, very light, warm enough for 3-season use or winter with spare clothes underneath, and very, very comfortable.</li> <li><sup>31</sup> If you browse any of the Internet information on backpacking hammocks, you'll see that these hammocks, though expensive, are the darling of ultralight backpackers. Once you figure it out, you can set it up in under 3 minutes, as lor as you have two somethings (trees, telephone poles, road signs, etc.) on which to tie the ends of the cords. Having a couple of tie-outs to either side is also ver</li> </ul>

Although it can be pitched as a tent, the open cell pad won't work as insulation

this way, and you need a couple of stakes and something to use as a pole. A

hurry—I also lived in it for about two weeks when deployed with a Disaster

Medical Assistance Team team—much nicer than being in the big tent.

quick and handy shelter wherein to sleep for a few hours for when you're in a

<sup>&</sup>lt;sup>28</sup> The Mountainsmith Cairn model is big enough to fit both the Everyday Emergency Kit small buttpack (which is almost always with me) and a laptop computer along with a few other things. Handy for carrying at a base somewhere — especially when you don't want to leave your laptop laying about. Yes, you could use a daypack, but a lumbar pack is a lot easier to manage when you're taking it off and putting it on over and over. Also, the lumbar pack with the Everyday Emergency Kit and a couple of other items from the SAR pack makes a dandy pack for a short SAR task in warm weather.

you'll see that these hammocks, though expensive, are the darling of ultralight backpackers. Once you figure it out, you can set it up in under 3 minutes, as long as you have two somethings (trees, telephone poles, road signs, etc.) on which to tie the ends of the cords. Having a couple of tie-outs to either side is also very helpful. You can put it in places where there is neither room nor any flat place without rocks to pitch even a I-person tent. An open cell pad to insulate underneath can replace your ThermaRest pad—but, due to concerns about the open-cell foam getting wet, and about not being able to use it if you pitch the hammock as a tent, I've given up on this an just use a ThermaRest instead.

Ski MSI Old	Axe Poles R Sno I dov	HF/UHF ham handheld radio (Yaesu FT-60)  s or walking poles owshoes vn parka (stuffed) Equipment <sup>32</sup>	0	☐ 6' measuring tape ☐ small reversible screwdriver ☐ Sharpie marking pen ☐ Type I3 Anti-Seize (for antenna mounts, etc.) On mirror/visor: Sunglasses and spare sunglasses Under seat: ☐ Small inverter
	Jott iGo Dua cell <sub> </sub> VHI 12V Mis Spa Glo	odesk, connected to GPS mounted on roof, with 12V power supply for laptop; also with iGo alPower accessory with A43 tip for charging phone F/UHF/ham mobile radio //AC charger for FT-60 handhelds/batteries c maps (including spare highway maps to give away) re Versabrite II headlights (2) mounted on sun visors we compartment: Velcroed to inside of top lid  Kleenex Tire gauge		<ul> <li>□ I10V adapter for handheld radio charger (can be demounted from vehicle then plugged in to I10V)</li> <li>Behind seats in pockets</li> <li>□ Vehicle maintenance records; ham repeater atlases/maps; reference manuals for stereo, VHF radio, etc.</li> <li>□ Toys for kids to entertain themselves with so they don't destroy the car</li> <li>□ Common atlases of the area</li> <li>□ Windex</li> <li>□ Large umbrella</li> <li>□ Inflatable Travel Pillows (2; for naps along the road</li> <li>□ Sun visor for laptop</li> </ul>
		<ul><li>□ Rack keys</li><li>□ Utility scissors (Fiskars serrated kitchen scissors)</li><li>Left Front</li></ul>		In bag hanging from armrest:  ☐ Extra Teaching Company CDs (for those long drives—best way to stay awake:  www.teachco.com)
		<ul> <li>□ Paper towels</li> <li>□ Hand sanitizer</li> <li>□ 3 GoJo hand cleaner towels, individual packets</li> <li>□ Lens cleaner cloth</li> <li>□ Contact cleaner pen (for cellphone handsfree</li> </ul>		Attached to back of back seats <sup>33</sup> Large truck-style cross lug wrench <sup>34</sup> Snow brush/scraper  squeegee/window scrubber  Life-Link snow shovel
		kit, etc.)  Left Middle  □ Chewable ASA 81 mg tablets □ Chewable Pepcid tablets □ Emergency Backup Binky		Spare high-gain 2m/VHF antenna (have antenna mount on roof, used mostly only when vehicle stationary) Canvas grocery bags/cotton produce bags and Nalgenbottles for bringing home olives in brine, smoothies, etc.
		☐ Hair rubber bands  Left Back ☐ Headlamp	_ _	Large Medical Pack (REI travel pack; not currently indexed, but full of lots of medical stuff, believe me) Attached to inside of tailgate: Hi-Lift 48" jack with
		<ul> <li>□ Monocular</li> <li>□ 4 spare AA lithium cells and 4 spare AAA lithium cells</li> <li>□ roll of quarters (for tolls)</li> </ul>		attachments and instructions  Set of hand extrication tools, etc.  ☐ leaf spring tool (handmade, for cutting)  ☐ hand sledge hammer
		Right Front  Reflective Mountain Rescue safety vest Right Middle		□ hatchet □ 2 titanium pry bars □ bolt cutters
		□ Glass signal mirror □ 4 pair nitrile exam gloves □ CPR shield □ Cat Crap lens treatment □ Antenna cap □ Small hearing protectors (earplugs) Right Back □ Swisstool "Leatherman" tool □ Swisschamp swiss army knife □ Supertape □ Small roll duct tape		<ul> <li>□ mini-KT-bar (extrication/wrecking tool)</li> <li>□ 1970s-era Air Force aluminum survival tool with hatchet, shovel, saw</li> <li>□ 12-V tire pump</li> <li>□ Large base for Hi-Lift Jack</li> <li>Optional (only added when actually going out for trail maintenance, or if known downed trees from a storm):</li> <li>□ Set of trail construction/maintenance tools on heavy leather tool belt/tool pouches</li> <li>□ Woodsman's Pal machete/brush hook</li> <li>□ Pocket folding loppers (Lee Valley Garden Supply)</li> </ul>

 $<sup>^{\</sup>rm 32}$  Vehicle is a 1988 Range Rover, a bit beat up, with an ARB bar and 9000-lb Warn winch on the front, extra offroad lights on the ARB bar, two batteries with an isolator, an external spare tire carrier, Thule bike rack on the back and Thule roof rack with bike racks and a canoe/Stokes litter rack attached to it.

 $<sup>^{\</sup>rm 33}$  Attached using standard hardware-store spring clamps, attached with selfdrilling screws.  $^{\rm 34}$  Range Rovers have large tires and require a truck-sized lug wrench.

	Stih Ryo Gas 10-l Gra Noi	Buck lightweight pruning shears (www.sarcamp.com) Folding SvenSaw Single-bitted axe in aluminum sheath (sheath from Madsen Logging Supply) Glock entrenching tool <sup>35</sup> I Chainsaw Sbi Weedwhacker and oil for above Ib sledge Ss whips (2) In-folding loppers I chains aw Sbi Weedwhacker I chains a chain aw Sbi Weedwhacker I chains a chain aw Sbi Weedwhacker I chains a chain aw Sbi Weedwhacker I chain a chain a chain a chain aw Sbi Weedwhacker I chain a cha				6" long hex Phillips screwdriver tip (for deeply-inset screws)  1/4" ratchet handle  1/4" screwdriver-style handle driver  1/4" 3" extension  1/4" 3" flexible extension  1/4"/hex finger-wheel driver  1/4" metric sockets, 5-6-7-8-9mm  1/4" SAE-Imperial deep socket set, 1/4"-1/2"  3/8" 2.5" and 6" extensions  3/8" metric deep socket set, 10-19mm  3/8" metric/SAE-Imperial combination
		hicle Tool Kit				socket set: 3/8"-10mm to 7/8"-22mm,
		ctronics Tools			_	also 12,18 & 24mm
		Soldering Irons: 12V, 110V, butane (with				½" drive ratchet handle with extra
	П	lighter-style butane refill tank) Small solder (including low-melting-point			П	sockets in handle ¼" drive ratchet handle with extra
	ш	solder strips, work with lighter)			ш	sockets in handle
		Misc RF adapters (BNC, PL-259, TNC, SMA)				½" drive 24 mm socket
		BNC coax patch cables with BNC M/M				½" drive spark plug socket
		Pocket multimeter with spare batteries				$\frac{1}{2}$ " to 3/8" and 3/8" to $\frac{1}{4}$ " adapters,
		Wire crimper/stripper				each both ways
		trical Equipment				all reversible Philips/standard screwdriver
		Continuity tester				aftsman small long screwdrivers, standard
		AC extension cord Pocket AC circuit tester		П		Hehilips Set standard and Phillips screwdrivers
		Roll of electrical tape				of 4 small Phillips screwdrivers
		car fuses (many kinds and ratings) and fuse				veler's screwdriver and nutdriver sets
		puller				bby Philips and standard screwdrivers
		Light socket to AC adapter		Mi	ni-had	cksaw and extra blades
		Radio Shack Leatherman Squirt EL mini tool		-		Anti-Seize lubricant in tube
	_	(with wire stripper, etc.)				y bars (2)
		Nippers nd Tools				atteries: 9V (2: lithium), AA (8: lithium),
ш		Large and small Vise-grips				), C (4) D (2) nag-mount 2m/VHF antenna
		Sears Craftsman ignition pliers (small)				nd small cleaning brushes, and battery-
		Alltrade needlenose/standard pliers			_	l brush
		combination		spa	are ro	oll of color code tape
_		Heavy-duty scissors			ct tap	
	_	enches (all Sears Craftsman except as noted)				ock and sheet protectors and Sharpie
		Large and small crescent wrenches Adjustable box-end wrench				for posting signs ım coathanger
		Metric and SAE-Imperial hex key sets, folding				eel wire
		Metric wrenches in rolled case:				citchen trash bag
		□ combination wrench set: 8mm-16mm				olts, screws, nails, cable tires, spare wire,
		□ box-end wrench set: 6mm-18mm				bands, electrical terminals, small Bunji
	_	ignition wrench set: 4mm-11mm	_			humbtacks, packets of epoxy glue,
		SAE-Imperial wrenches in rolled case:				op towels
		□ combination wrench set: 3/8"-11/16" □ ignition wrench set: 13/64"-3/8"			-	and cleaner towels, individual packets, and
		☐ ignition wrench set: 13/64"-3/8" Socket/hex tools (sockets on Crafstman				owels vork gloves
	_	racks):			Tool	
		☐ AmPro stubby ¼"-3/8" ratchet handle				adjustable jack stands (3 ton)
		☐ Skewdriver® offset hex handle	2 fc	oldin	g tire	e chocks
		generic hex screwdriver-style ratchet				pag (Duluth Trading Co. Deluxe Jumper
		driver with set of bits in handle	_	ble E		Landon and III
						duty jump cables loves (Bucket Boss)
				V V	orkg	iones (nacker noss)

 $<sup>^{\</sup>rm 35}$  Lighter and stronger and better built than all others I've tried.

		Gunk pressurized can of tire sealer/inflator
		Disposable coveralls
		folding cross lug wrenches, Imperial and Metric (for
		other cars)
	Fire extinguisher	
	Spare tire on back	
	Bag of straps for roof rack	
	Bundle of road flares	
	Box of triage tags	
	Needle disposal box	
	Bag of reflective Mountain Rescue safety vests	
	Mag-mount rotating light with yellow/blue/red lenses <sup>36</sup>	
	Jar of cat litter (for traction)	
П	Copper ice scrapers (2)	

<sup>&</sup>lt;sup>36</sup> For different jurisdictions, as needed; like yellow the best, especially for stopping along the roadside, as people don't get as excited and don't do as many stupid things as when they see a red or blue light.