

## **CURRICULUM VITAE**

**NAME:** **Mary Beth Happ, Ph.D., R.N.**

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 Pittsburgh, PA 15261 Email: mhapp@pitt.edu

### **EDUCATION**

#### **Undergraduate**

1997-1981	Ursuline College Pepper Pike, OH	BSN May 1981	Nursing
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#### **Graduate**

1985-1988	Case Western Reserve University Cleveland, OH	MSN May, 1988	Nursing, Medical-Surgical Clinical Specialist & Nursing Administration
1993-1998	University of Pennsylvania Philadelphia, PA	PhD April, 1998	Nursing, Gerontology & Critical Care

#### **Post Graduate**

1998-2000	University of Pennsylvania Philadelphia, PA	Post-doctoral fellowship	Psychosocial Oncology & HIV/AIDS
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### **APPOINTMENTS AND POSITIONS**

#### **Academic**

10/88-3/91	Case Western Reserve University and University Hospitals of Cleveland Unit for Long-Cleveland, OH	Research Project Director Critical Outcomes/Special Care Long-term Critically Ill, Ellen B. Rudy, PhD, FAAN and Barbara J. Daly, PhD, FAAN (principal investigators)
1/94-12/94	University of Pennsylvania Philadelphia, PA	Research Assistant Comprehensive Discharge Planning for the Elderly Principal Investigator: Mary Naylor, PhD
1/95-4/98	University of Pennsylvania School of Nursing	Teaching Assistant. Nursing Care of Older Adults

Philadelphia, PA

9/00-Present University of Pittsburgh  
School of Nursing Assistant Professor, Acute/  
Pittsburgh, PA Tertiary Care Department

9/00-Present University of Pittsburgh  
Center for Bioethics and Health Law Assistant Professor  
Pittsburgh, PA

11/00-Present University of Pennsylvania  
School of Nursing Adjunct Assistant Professor  
Philadelphia, PA

**Non-Academic**

7/81-5/83 University Hospitals of Cleveland.  
Cleveland, OH Clinical Nurse-Medical  
Surgical Nursing

5/83-4/86 University Hospitals of Cleveland  
Cleveland, OH. Assistant Nurse Manager  
General Medical-Surgical Unit  
(Renal disease and  
transplantation specialty)

4/86-10/88 University Hospitals of Cleveland  
Cleveland, OH. JCAHO Coordinator

3/91-3/93 Riverside Methodist Hospitals  
Columbus, OH. Research Clinical Nurse  
Specialist,  
Staff Nurse, Intermediate Level  
Critical Care.

**LICENSURE AND CERTIFICATION**

4-26-00 RN-329552-L Pennsylvania

**MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES**

1985-present American Nurses Association  
1996-present Pennsylvania Nurses Association.  
1981-present Sigma Theta Tau Nursing Honor Society  
Xi Chapter President, 1999-2000, Research Day Planning Committee  
1981-present Gerontological Society of America.  
1994-present American Association of Critical Care Nurses.  
1998-present Oncology Nursing Society  
1998-present Eastern Nursing Research Society

### HONORS/AWARDS

1980-1981	Ursuline College Nursing Scholarship
1981	Kappa Gamma Pi, Honor Society of U.S. Catholic Women's Colleges
1981	Who's Who In American Colleges and Universities
1990	Dean's Scholarship, Case Western Reserve School of Nursing
1995-1998	National Research Service Award, National Institute of Nursing Research, grant #F31 NRO7230-01.
1996	Ethel F. Lord Fellowship, Soroptimist International of the Americas, North Atlantic Region
1997	Marion R. Gregory Dissertation Award, School of Nursing, University of Pennsylvania.
1998	Hartford Institute Gerontological Nursing Research Scholar, New York University
1999	Advanced and Critiqued Research Presentation. Oncology Nursing Society

### PUBLICATIONS

#### **Refereed Articles:**

Daly, B.J., Rudy, E.B., Thompson, K.S. **Happ, M.B.** (1991). Development of a special care unit for chronically critically ill. Heart and Lung, 20 (1) 45-51.

**Happ, M.B.**, Kerr, M.E. (1991). Nursing effort and the exchanging human response pattern. Nursing Diagnosis, 2(3) 155-161.

Rudy, E.B., Vaska, P.L., Daly, B.J., **Happ, M.B.**, Shaio, P. (1993). Permuted block design for randomization in a nursing clinical trial. Nursing Research, 42(5) 287-289.

**Happ, M.B.** (1993). Sociotechnical systems theory: Analysis and application for nursing administration. The Journal of Nursing Administration, 23(6) 47-54.

**Happ, M.B.**, Williams, C.C., Strumpf, N.E., Berger, S. (1996). Individualized care for frail elders: Theory and practice. Journal of Gerontological Nursing, 22(3) 6-14.

**Happ, M.B.**, Naylor, M.D., Roe-Prior, P. (1997). Factors contributing to rehospitalization of elderly heart failure patients. Journal of Cardiovascular Nursing, 11(4), 75-84.

**Happ, M.B.** (1998). Treatment interference in acutely and critically ill adults. American Journal of Critical Care, 7(3), 224-235.

Fairman, J., **Happ, M.B.** (1998). For their own good?- A historical examination of restraint use. Healthcare Ethics Committee Forum, 10 (3-4), 290-299.

**Happ, M.B.** (2000). Interpretation of nonvocal behavior and the meaning of voicelessness in critical care. Social Science and Medicine. 50, 1247-1255.

**Happ, M.B.** (2000). Preventing treatment interference: the nurse's role in maintaining technologic devices. Heart and Lung, 29(1), 60-69.

**Happ, M.B.** (2000). A best practice approach to preventing treatment interference. Progress in Cardiovascular Nursing, 15, 58-62.

**Happ, M.B.** (In review). Communicating with mechanically ventilated patients in ICU: State of the science. AACN Clinical Issues for Advanced Practice.

**Happ, M.B.**, Capezuti E, Strumpf N, Wagner L, Cunningham S, Evans L, Maislin G. (In review). Advance care planning and end-of-life care for nursing home residents.

**Happ, M.B.**, Kagan, S.H. (In review). Physiologic and technologic complexity: Methodological

considerations for Grounded Theory research in critical care settings.

**Refereed Articles** - accepted for publication

Sullivan-Marx, E., **Happ, M.B.**, Bradley, K., Maislin G, (In press). Nurse practitioner services: Content and relative work value. Nursing Outlook.

**Proceedings or Conferences:**

Strumpf, N.E., **Happ, M.B.** (1994). Individualized care for frail elders: Theory and practice. The Gerontologist, 34(Special Issue I), 20 (abstract).

**Happ, M.B.** (1998). Maintaining technologic access: Physical restraint use in critically ill older adults. The Gerontologist, 38(Special Issue I), 240 (abstract).

**Happ, M.B.** (1999). Treat anything reversible: Intensive care at the end-of-life. Oncology Nursing Forum, 26 (2) 410-11.

**Happ, M.B.** (1999). Voicelessness and intensive caring at end-of-life. American Journal of Critical Care, 8 (3) 201.

**Happ, M.B.**, Capezuti E, Strumpf N, Wagner L, Cunningham S, Evans L, Maislin G. (1999). Advance care planning and end-of-life care for nursing home residents. The Gerontologist, 39 (Special Issue, I), 42.

**Other Publications:**

**Happ, M.B.** (1993). Christopher's gift. American Journal of Nursing, 93 (9) 88.

**Happ, M.B.** (1996). Technological competence, caring, and clarity. (letter). IMAGE: Journal of Nursing Scholarship, 28(4), 288.

**Happ, M.B.** *Doctoral Dissertation*. Treatment Interference in Critically Ill Elders, Funded by the National Institute of Nursing Research (1996-1998); \$28,016, #F31 NRO7230-01. University of Pennsylvania (1998). UMI# 9829911. Dissertation supervisor, Neville E. Strumpf, PhD, RN, FAAN

**Happ, M.B.** (1998). A tribute. American Journal of Nursing, 98(1), 51.

**Chapters in Books/Monographs:**

**Happ, M.B.** (In press). Standards of practice: Gerontological nursing and critical care nursing in T. Fulmer, M. Walker, M. Foreman (eds). Critical Care Nursing of the Elderly, 2<sup>nd</sup> Ed. Springer Publishing.

## **RESEARCH**

- 1988 Principal Investigator: Mary Beth Happ  
Case Western Reserve University, Master s Research Project  
A comparison of nursing effort using the nurse-patient summary and a weighted tool. Advisor, Ellen B. Rudy, PhD, RN.
- 1995 Principal Investigator: Mary Beth Happ  
Factors contributing to rehospitalization of elderly heart failure patients.  
Secondary analysis of original data from grant (NINR, R01-NR0209507)  
of Principal Investigator: Mary Naylor, PhD, RN
- 1995-1998 Principal Investigator: Mary Beth Happ  
A grounded theory study of treatment interference in critically ill older adults.  
NINR funding; \$28,016, #F31 NRO7230-01 .  
Dissertation supervisor, Neville E. Strumpf, PhD, RN, FAAN
- 1999 Principal Investigator: Mary Beth Happ  
Advance care planning and end-of-life care for nursing home residents.  
Secondary analysis of original data from grant (NIH-NIA, RO1-AG08324)  
of Principal Investigator: Neville Strumpf, PhD, RN
- 1999-2001 Principal Investigator: Mary Beth Happ  
Feasibility Study of an Augmentative Communication Device with Temporarily Voiceless Patients in Critical Care  
American Association of Critical Care Nurses-Sigma Theta Tau Critical Care  
\$10,000
- 1999-2002 Principal Investigator: Mary Beth Happ  
Feasibility Study of an Augmentative Communication Device with Voiceless Head and Neck Cancer Patients following Reconstructive Surgery  
Oncology Nursing Society Foundation/Orthobiotech  
\$9,525

## **PRESENTATIONS**

### **International**

(1992, May). Nurse outcomes in two different critical care environments. Critical Care Outcome Symposium. Sigma Theta Tau International Research Conference. Columbus, OH.

(1997, June). The utility of grounded theory methods in critical care. Sigma Theta Tau International Research Congress. Vancouver, BC.

(1999, November). New directions in palliation: A team approach to providing end-of-life care in cancer and other life limiting illness. Sigma Theta Tau International Biennial Conference, San Diego, CA.

(1999, November). The Interactionist perspective: Methodological notes from the ICU. Sigma Theta Tau International Biennial Conference, San Diego, CA.

### **National**

(1994, November). **Happ, M.B.**, Strumpf, N., Williams, C.C., Berger, S. Individualized care for frail elders: Theory and practice. Gerontological Society of America Annual Meeting. Atlanta, GA.

(1998, November). Creating a social context for gerontologic nursing practice. Gerontological Society of America 51<sup>st</sup> Annual Meeting. Philadelphia, PA.

(1998, November) Maintaining technologic access: Physical restraint use in critical care. Gerontological Society of America 51<sup>st</sup> Annual Meeting. Philadelphia, PA.

(1999, April). Treat anything reversible: Intensive care at end-of-life. Oncology Nursing Society, Atlanta, GA.

(1999, May). Voicelessness and intensive caring at end-of-life. AACN: National Teaching Institute. New Orleans, LA.

(1999, November). Advance care planning and end-of-life care for nursing home residents. Gerontological Society of America 52<sup>nd</sup> Annual Meeting. San Francisco, CA.

### **Regional**

(1992, October). Implementing patient-family centered care: Results of a pilot study. Poster. Midwest Alliance in Nursing Annual Conference. Kansas City, MO.

(1999, April). Voicelessness and intensive caring at end-of-life. Eastern Nursing Research Society, 11<sup>th</sup> Annual Scientific Meetings. New York, NY.

(1999, May). Treatment interference among critically ill elders. Delaware Valley Geriatric Education Center Videoteleconference. Philadelphia, PA.

### **Local**

(1993, March). Developing the nurse researcher in all of us. Riverside Methodist Hospitals Nursing Education. Columbus, OH.

(1993, November). Nursing in the 21<sup>st</sup> Century. Student panel presentation to Board of Regents. University of Pennsylvania School of Nursing, Philadelphia, PA.

(1994, March). Testimony on long term care in health care reform to State Rep. Allyson Schwartz. Philadelphia, PA.

(1998, April). Treatment interference in critically ill older adults. Doctoral Student Organization Spring Colloquium. University of Pennsylvania School of Nursing, Philadelphia, PA.

(1995-1998). Pulmonary problems. Undergraduate, Nursing Care of Older Adults, University of Pennsylvania, Philadelphia, PA.

(1997-1999). Application of grounded theory methods. Qualitative methods. Graduate, PhD program. University of Pennsylvania, Philadelphia, PA.

(1997-1999). Selected topics in health care technology and clinical bioethics. Graduate, Critical Care Nurse Practitioner Program. University of Pennsylvania, Philadelphia, PA.

(1999, February). Maintaining technologic access: Physical restraint use in critical care. Faculty

Research Symposium. University of Pennsylvania School of Nursing, Philadelphia, PA.

**Consultation/Committees**

**National**

- 1988-1989 Standards and Quality Assurance Consultant. Heather Hill Rehabilitation Hospital and Skilled Nursing Facility  
Chardon, OH
- 1998 American Thoracic Society Task Force of End-of-Life Care  
Philadelphia, PA
- 1999 Restraint reduction Educational Consultation  
St Mary's Hospital, St. Agnes Hospital and Nazareth Hospital Nursing Departments  
Philadelphia, PA.
- 1999 Research Consultant. Cancer treatment decisions: The role of the nurse in the medical encounter. T. Freedman, principal investigator funded by Center for Advancing Care in Serious Illness. University of Pennsylvania, Philadelphia, PA.
- 1999 Education for Physicians on End of Life Care (EPEC) program. Faculty/participant  
University of Pennsylvania Health System program.  
Philadelphia, PA
- 1998-2000 End-of-Life Care Survey Committee  
Hospital of the University of Pennsylvania  
Philadelphia, PA

**TEACHING**

**Case Western Reserve University, Frances Payne Bolton School of Nursing, Cleveland, OH.**

- 1989-1991 Critical Care Research practicum. (Masters)

**University of Pennsylvania, School of Nursing, Philadelphia, PA.**

- 1998 Issues in Health Care Technology. (BSN Program)
- 1995-1999 Ethics seminar. Nursing Care of Older Adults. (BSN Program)
- 1998 Intergenerational Day Care. Nursing Care of Older Adults. (BSN Program)

**University of Pittsburgh, School of Nursing, Pittsburgh, PA**

- 2000-Present Ethics in Nursing and Health Care. (BSN Program)

**SERVICE**

2000-present                      BSN Council

**Community Activities**

Career Day Speaker, Fernhill Elementary School, West Chester, PA.

Career Day Speaker, Keshet Israel Preschool-Kindergarten, West Chester, PA.