REGULAR ARTICLE

Negative emotionality and externalizing problems in toddlerhood: Overreactive parenting as a moderator of genetic influences

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Abstract

The current study examines the interplay between parental overreactivity and children’s genetic backgrounds as inferred from birth parent characteristics on the development of negative emotionality during infancy, and in turn, to individual differences in externalizing problems in toddlerhood. The sample included 361 families linked through adoption (birth parents and adoptive families). Data were collected when the children were 9, 18, and 27 months old. Results indicated links between individual levels and changes in negative emotionality during infancy and toddlerhood to externalizing problems early in the third year of life. Findings also revealed an interaction between birth mother negative affect and adoptive mother overreactive parenting on children’s negative emotionality. This Genotype × Environment interaction predicted externalizing problems indirectly through its association with negative emotionality and revealed stronger effects of genetic risk for children with less overreactive parenting from their mothers. Limitations of this study and directions for future research are discussed.

Understanding the interplay between genes and the environment on the development of externalizing problems has been an important objective for developmental researchers. Externalizing behavior problems during childhood are associated with a variety of negative outcomes later in life, such as psychopathology, relationship difficulties, criminality, and poor parenting (Card, Isaacs, & Hodges, 2007; Coie & Dodge, 1998; Neppl, Conger, Scaramella, & Ontai, 2009). Research has identified child behavioral precursors of externalizing and related problem behaviors beginning as young as late infancy and toddlerhood (e.g., Sanson, Hempill, & Smart, 2004; Shaw, Gilliom, Ingoldsby, & Nagin, 2003), including overreactive parenting (e.g., Calkins, 2002; Maccoby, 2000; Rothbaum & Weisz, 1994; Shaw et al., 2003; Tremblay et al., 2004) and temperamental characteristics such as negative emotionality (Rothbart & Bates, 1998; Sanson et al., 2004). In addition, there is accumulating evidence for genetic influences (Burt, 2009; Rhee & Waldman, 2002), and in particular, for interactions between genetic and environmental factors in predicting externalizing behaviors. Some studies indicate that children’s inherited characteristics can render them more or less susceptible to the impact of environmental circumstances while others suggest that children’s environments can alter the effects of their genetic backgrounds (Belsky & Pluess, 2009; Rutter, Moffitt, & Caspi, 2006; Rutter & Silberg, 2002; Shanahan & Hofer, 2005). The current study is focused on identifying how parental behavior (overreactivity) is related to infant’s development of negative emotionality, and how both contribute to externalizing problems in toddlers. By using a sample of adoptive parents, adopted children, and birth parents, all followed longitudinally, genetic and environmental contributions and interactions are also examined. Specifically, associations between birth parent characteristics and child behavior represent genetic influences, and associations between adoptive parent behaviors (from rearing parents who are genetically unrelated to their child) and child behavior provide an estimate of environmental effects (Rutter, Pickles, Murray, & Eaves, 2001; Stams, Juffer, & van Ijzendoorn, 2002).

Negative Emotionality and Externalizing Problems

Research evidence consistently shows that children with elevated levels of negative emotionality during early childhood...
tend to have more difficulties with emotion regulation and externalizing problems in childhood and adolescence (Bates, Pettit, Dodge, & Ridge, 1988; Eisenberg et al., 2009; Rothbart & Bates, 1998; Sanson et al., 2004; Shaw, Bell, & Giliom, 2000; Vitaro, Barker, Boivin, Brendgen, & Tremblay, 2006; Vitaro, Brendgen, & Tremblay, 2002). For example, Eisenberg and colleagues (2009) recently found that negative emotionality assessed at 6 years of age, especially anger and frustration, was related concurrently to children’s externalizing problems in early elementary school and longitudinally to changes in externalizing problems over a 3-year period.

Given that specific dimensions of temperament, including negative emotionality, have consistently been shown to be genetically influenced (Buss & Plomin, 1984; Goldsmith, Buss, & Lemery, 1997; Lemery & Goldsmith, 2003; Rothbart & Bates, 1998), temperament has often been initially measured in early childhood and linked to subsequent child problem behavior, including externalizing problems, and considered as a proxy for genetic influences. Yet current research also indicates that although temperament is, in part, biologically based, it develops gradually and is likely influenced by children’s experiences with their environments, particularly during early childhood when children spend more time interacting with their parents than they do later in life (Bates et al., 1998; Rothbart & Bates, 1998). Heritability estimates for temperamental characteristics from twin and adoption studies of children and adolescents range from 20% to 60% (Saudino, 2005), indicating that although there are significant and sizable genetic influences on temperament, environmental influences also are substantial, accounting for 40% to 80% of the total variance. In infancy and early childhood, however, main effects of genetic influences on temperament are often small and nonsignificant, with heritability estimates near zero (e.g., Goldsmith, Lemery, Buss, & Campos, 1999; Plomin, Coon, Carey, DeFries, & Fulker, 1991; Plomin, DeFries, & Fulker, 1988).

The way temperament is measured (e.g., parent ratings, observation, teacher ratings) appears to have some relation to the variation found for estimates of heritability (Hwang & Rothbart, 2003; Plomin et al., 1991). For example, at least two studies have examined the validity of parent-report measures of temperament as a result of unusual patterns of correlations in twin studies; parent ratings of temperament show contrast effects exaggerating differences between dizygotic compared to monozygotic twins, thus inflating heritability estimates (Plomin et al., 1991; Saudino, 2005). However, parent ratings have been found to be valid and objective assessments of temperament in studies using subscales (compared to global scales of temperament; Goldsmith et al., 1997, 1999), and in adoption studies with young children, particularly in studies such as the present one, that do not compare siblings (Saudino, 2005). This line of work also reveals only modest to moderate stability in temperament during infancy and early childhood and has begun to suggest that genetic influences may be most useful in explaining the stability that is observed during this period, whereas environmental characteristics may be more predictive of individual differences in changes in temperament (Saudino, 2005; Saudino, Plomin, & Defries, 1996).

Development of Negative Emotionality and Effects of Overreactive Parenting

Recent evidence suggests that negative emotionality increases during the first 2 years of life (Bridgett et al., 2009; Lipscomb et al., 2011; Partridge & Lerner, 2007). For example, one recent study detected a linear increase in parent-rated child negative emotionality from 1 to 2 years of age, coupled with a leveling off in negative emotionality through age 5 (Partridge & Lerner, 2007). Another study found support for a linear increase from 4 to 12 months of age (Bridgett et al., 2009), and a recent analysis with the current adoption sample detected linear increases from 9 to 27 months of age (Lipscomb et al., 2011). Increases in negative emotions in the first 2 years of life are likely a result of the enhanced mobility and drive for independence that young children experience during the progression from infancy to toddlerhood, coupled with parents’ increasing expectations for compliance (see Shaw et al., 2000).

Overreactive (harsh, irritable, or angry) parenting has been consistently linked with negative outcomes such as externalizing problems during childhood and adolescence (e.g., Calkins, 2002; Maccoby, 2000; Rothbaum & Weisz, 1994; Shaw et al., 2003; Tremblay et al., 2004). This line of research suggests that when parents fail to control their own emotions during their interactions with their children, such as when they yell, threaten, and use aggression, children experience difficulties with emotion regulation, negative emotionality, and externalizing behaviors (Chang, Schwartz, Dodge, & McBride-Chang, 2003; Eisenberg, Fabes, Shepard, Guthrie, Murphy, & Reiser, 1999; Scaramella, Sohr-Preston, Mirebile, Robison, & Callahan, 2008). Individual differences in the rates of change in negative emotionality also have been linked with developmental trajectories of overreactive parenting in the same sample employed in the present analyses (Lipscomb et al., 2011). This finding is consistent with the conceptualization of the origins of the coercive cycle in which child behavioral problems and harsh parenting practices reinforce one another (e.g., Larsson, Viding, Rijsdijk, & Plomin, 2008; Patterson, 1982; Patterson & Fisher, 2002; Scaramella, Nepl, Ontai, & Conger, 2008; Shaw et al., 1998; Tremblay et al., 2004), and suggests that these processes become intertwined very early in development (Shaw & Bell, 1993). The current study bridges these lines of evidence by examining overreactive parenting and the development of negative emotionality during the infant and toddler years and linking these developmental processes with individual differences in externalizing problems early in the third year of life.

Parenting as a Moderator of Genetic Influences

Results from both behavioral genetic and molecular genetic studies suggest that parenting can moderate genetic influ-
ences on young children’s negative emotionality and subsequent behavioral problems (Feinberg, Button, Neiderhiser, Reiss, & Hetherington, 2007; Hemphill & Sanson, 2001; Natsuaki et al., 2010; Sheese, Voelker, Rothbart, & Posner, 2007). Very little behavioral genetic research has examined parenting as a moderator of genetic effects for emotional or behavioral problems during early childhood. The only other prospective full adoption study that examines genetic and environmental effects on toddler behavior is the Colorado Adoption Project (CAP; Plomin et al., 1988), which documents Genotype × Environment interaction on psychopathology during later childhood (e.g., Hershberger, 1994; O’Connor, Caspi, DeFries, & Plomin, 2003) but not during the first years of life.

However, findings from the current adoption study, which has a strong focus on parenting practices in infancy and toddlerhood, are beginning to show Genotype × Environment interactions during toddlerhood. For example, Natsuaki and colleagues (2010) found that infants with birth mothers (BMs) who had Major Depression Disorder only showed elevated levels of negative emotionality when adoptive mothers (AMs) exhibited low levels of responsivity. A second recent study with the current adoptive sample found that structured parenting buffered the negative effect of genetic influence on toddler behavioral problems at 18 months of age (Leve et al., 2009). Neither of the aforementioned studies detected main effects of genetic influence on either negative emotionality or behavioral problems.

However, this line of research is still quite new, and related work shows that many different forms of Genotype × Environment interplay are possible in the development of psychopathology (Rutter et al., 2006). For example, the bioecological model proposes that genetic influences have a greater impact in low-risk environments (Bronfenbrenner & Ceci, 1994; Raine & Venables, 1984). One study found evidence for greater heritability of antisocial behavior among families with low levels of family dysfunction than among those with high levels of dysfunction (Button, Scourfield, Martin, Purcell, & McGuffin, 2005). Another detected stronger effects of genetic risk on adolescents’ negative emotionality in families with lower rates of parental conflict (Krueger, South, Johnson, & Iacono, 2008). According to these models, the impact of genetic risk for negative emotionality should be most pronounced when overreactive parenting is low.

**The Current Study**

The current study extends this line of work in two ways. First, we address both genetic (birth parent negative affectivity) and environmental (overreactive parenting) antecedents of negative emotionality during infancy, as well as the interaction between the two. Second, we link genetic and environmental antecedents, their interaction, and developmental trajectories of negative emotionality, to individual differences in externalizing problems during toddlerhood. Unlike molecular genetic studies, in which the effects of specific gene variants are examined in relation to specific outcomes, this study employs a behavioral genetic approach in which the expressed effects of the genome are captured through measuring associations between birth parents and the adopted child. Because the birth parents are not rearing the child, when they place the child for adoption soon after birth, any associations between birth parent characteristics and adopted child characteristics are necessarily due to either genetic or prenatal influences and cannot be due to postnatal environmental influences.

When controlling for prenatal influences (as in the current study), any association between the birth parent and adopted child can be inferred to reflect the phenotypic expression of the whole genome. Although a less precise proxy for genetic influences than DNA collection in molecular genetic studies, the behavioral genetic approach of the adoption design has proven fruitful in detecting gene–environment interplay in the present sample and other adoption studies (Cadoret et al., 1996; Leve et al., 2009; O’Connor, Deater-Deckard, Fulker, Rutter, & Plomin, 1998; O’Connor et al., 2003).

Prior work with the current sample indicated that overreactive parenting is positively associated with negative emotionality and that children exhibit increases in negative emotionality from 9 to 27 months of age (Lipscomb et al., 2011). Building upon this prior work, we test the following four new hypotheses here: (a) parents’ perceptions of their overreactive parenting would positively predict children’s levels of negative emotionality at 9 months of age and rates of change in negative emotionality from 9 to 27 months of age, (b) the effects of birth parent negative affect on children’s negative emotionality would vary depending on the children’s exposure to overreactive parenting (environmental moderation of genetic influences), (c) levels and rates of change in negative emotionality would predict higher levels of externalizing problems at 27 months of age, and (d) parents’ perceptions of their overreactive parenting and the interaction between overreactive parenting and birth parent negative affect would have indirect effects on externalizing problems through the effects on children’s negative emotionality. Mothers’ and fathers’ self-reported parenting behaviors were considered in separate sets of analyses, each coupled with the other parents’ reports of child negative emotionality and externalizing to minimize potential rater bias issues.

**Methods**

**Participants**

The sample consisted of 361 adoptive families participating in the Early Growth and Development Study (Leve, Neiderhiser, Scaramella, & Reiss, 2008). The enrollment of participants occurred between 2003 and 2006, beginning with the recruitment of adoption agencies (N = 33 agencies in 10 states located in the Northwest, Mid-Atlantic, and Southwest regions of the United States). The participating agencies reflected the full range of adoption agencies operating in the United States: public, private, religious, secular, those favor-
ing open adoptions, and those favoring closed adoptions. Agency staff identified participants who completed an adoption plan through their agency and met the following eligibility criteria: (a) the adoption placement was domestic, (b) the infant was placed within 3 months postpartum, (c) the infant was placed with a nonrelative adoptive family, (d) the infant had no known major medical conditions such as extreme prematurity or extensive medical surgeries, and (e) the birth and adoptive parents were able to read or understand English at the eighth-grade level. Each participating agency recorded demographic information (e.g., age, education, income, marital status) about all birth and adoptive parents who made an adoption plan through their agency during the time period of recruitment; no meaningful differences were detected between parents who participated in the study and those who declined to participate (Leve et al., 2007).

Trends in adoption practices such as selective placement (agency matching of birth and adoptive parent characteristics) and openness (contact and knowledge between birth and adoptive families) can pose a threat to assumptions in the adoption design and can bias model estimates. For example, adopted children might be more likely to resemble their birth parents (inflating genetic estimates) if birth parents are in direct contact with the child. We examined selective placement and adoption openness in the present study and found no systematic influences of either (Leve et al., 2007). For example, the number of significant correlations between adoption openness and birth and adoptive family measures approximated chance levels, suggesting negligible impact of openness (Leve et al., 2007). Similarly, none of the correlations between birth and adoptive parent demographic characteristics was significant, suggesting a lack of systemic selective placement (Leve et al., 2007).

The children were 9 months old at the first assessment (T1, $M = 9.24, SD = 0.96$ months; $N = 358$), 18 months old at the second assessment (T2, $M = 18.00, SD = 1.32$ months; $N = 354$), and 27 months old at the third assessment (T3, $M = 27.36, SD = 1.56$ months; $N = 340$). Forty-three percent of the children were female. Fifty-eight percent of the children were Caucasian, 11% were African American, 21% percent were multiethnic, 9% were Hispanic/Latino, and the remaining children were of other or unreported ethnic status. The median child age at the adoption placement was 2 days ($SD = 13$ days). The adoptive families were typically college-educated, middle-class families. The mean ages of adoptive mothers (AMs) and adoptive fathers (AFs) at T1 were 38 and 38, respectively, and 90% of the AFs and 91% of the AMs were Caucasian. At T1, the adoptive parents had been married an average of 18.16 years ($SD = 5.2$ years).

Adoptive families participated in an in-person assessment at T1, T2, and T3 that ranged in length from 2.5 to 4 hr. The assessments consisted of computer-assisted questions, a mailed questionnaire battery, and videotaped observations of the child during temperament tasks and of parent–child dyads during structured interaction tasks. Because of funding constraints, the majority of the observations have not yet been coded. Participants were compensated for their time. Interviewers completed a minimum of 40 hr of training prior to administering interviews with study participants. All interviews were videorecorded and feedback was provided by a trained evaluator on 15% of the interviews to ensure adherence to standardized protocols.

BMs participated in an in-person assessment at T1 and T2 that ranged in length from 2.5 to 4 hr. The relevant adult temperament measures used in the present study were only collected at T2; however, the BM measure is intended to reflect genetic influences, and is therefore not systematically time dependent, just as DNA collection would not be time sensitive. Further, there is no theoretical reason why adult temperament measured at T1 (mean age = 24 years old) would be any more likely to be associated with child temperament than adult temperament measured at T2 (mean age = 25 years old). Behavior typically becomes increasingly stable over time, and as such, later measures of birth parent characteristics may be more reliable than measures assessed earlier in adult development (for the purposes of examining associations with child characteristics to estimate genetic influences). Therefore, the timing of collection of the BM measure in the present study should have little impact on the analyses.

On average, the BMs had high school or trade school education and household incomes of less than $25,000. Her mean age at T2 was 25. Seventy-eight percent of the BMs were Caucasian, 11% were African American, 5% percent were multiethnic, 4% were Hispanic/Latino, and the remaining participants did not self-identify or were of other ethnic status. Additional details on the Early Growth and Development Study study recruitment procedures, sample, and assessment methods can be found in Leve et al. (2007).

**Measures**

**Genetic influences.** Birth parent negative affect. Genetic influences were measured via BM negative affectivity, using the negative affect factor scale of the Adult Temperament Questionnaire—Short Form (ATQ; Rothbart, Ahadi, & Evans, 2000) measured at T2. The ATQ is a self-report measure of temperament that was adapted from the Physiological Reactions Questionnaire developed by Derryberry and Rothbart (1988). The negative affect dimension of the ATQ short form consists of 26 items measuring fear, frustration, sadness, and discomfort; it had acceptable interitem alpha in the present sample ($\alpha = 0.82$).

**Adoptive parent overreactivity.** Adoptive parent self-reported overreactivity was measured at T1 using a modified seven-item version of the overreactivity subscale from the Parenting Scale (Arnold, O’Leary, Wolf, & Acker, 1993). The scale was designed to identify parental discipline mistakes that relate theoretically to externalizing problems, with higher scores indicating more overreactivity. Each identified mistake was paired with its more effective counterpart to form the anchors for a 7-point scale (e.g., when I’m upset or under stress... \(1 = \)
I am no more picky than usual, 7 = I am picky and on my child’s back. When my child misbehaves . . . 1 = I speak to my child calmly, 7 = I raise my voice or yell). Three items were omitted from the original 10-item scale because they were not considered to be appropriate for parents of infants. Interitem alphas were acceptable (AM, \(\alpha = 0.71\), AF, \(\alpha = 0.65\)).

**Child negative emotionality.** Child negative emotionality was measured at T1, T2, and T3 using the nine-item fussy–difficult demanding subscale from the Infant Characteristics Questionnaire (ICQ; Bates, Freeland, & Lounsbury, 1979). This subscale was designed to assess parental perceptions of temperament difficulty and negative emotionality (e.g., amount of fuss and cry in general, changeable mood, how easily upset, how difficult to soothe). Items were rated separately by mothers and fathers on a 7-point, Likert-type scale, with higher scores indicating greater child negative emotionality. Interitem alphas were acceptable (AM, \(\alpha = 0.84, 0.82, 0.80\) at each measurement occasion, respectively; AF, \(\alpha = 0.86, 0.82, 0.81\)).

The fussy–difficult demanding subscale of the ICQ (Bates et al., 1979) was designed for 13-month-old infants, with slightly different versions of the scale for older and younger children (6–24 months of age). To preserve consistency in measurement and to allow for analysis of change over time using latent growth curve modeling, the same nine-item version of the scale was used across all three waves. Prior to conducting latent growth modeling it was necessary to test for measurement invariance (Muthén, 2002; Vandenbosch & Lance, 2000; Widaman, 1995) across the three waves to verify that this scale assessed a consistent construct of “child negative emotionality” during a time of rapid growth among young children. Evidence was detected for both configural invariance (same pattern of fixed- and free-factor loadings specified for each wave) and metric invariance (equal factor loadings for like items across each time point; Horn & McArdle, 1992). Constraining the factor loadings to be equal across time did not significantly worsen the fit of the model to the data, evident by nonsignificant likelihood ratio test statistics for ICQ ratings completed by both mothers, \(\chi^2(16) = 20.36, p = .20\), and fathers, \(\chi^2(16) = 17.24, p = .37\). Current practice suggests that the likelihood ratio test statistic, calculated as the difference between the deviance statistics of alternative models (which is equivalent to twice the difference in the log likelihood values for the nested models), is the preferred indicator of relative model fit when comparing nested models where the variables are the same but constraints are applied to some parameters (Singer & Willett, 2003).

**Child externalizing problems.** Child externalizing problems were measured at T3 using the 24-item, broadband Externalizing factor from the Child Behavior Checklist (CBCL; Achenbach & Rescorla, 2000). The CBCL consists of 99 behaviors rated on a 3-point scale with values of 0 (not true), 1 (sometimes true), and 2 (very true). The Externalizing factor comprises all items from the narrow-band aggression and attention subscales (AM, \(\alpha = 0.87\); AF, \(\alpha = 0.90\)) and was selected over specific narrow-band factors in the present analyses for two reasons. First, we were concerned with children’s development of self-regulation difficulties at a general level (regulation of emotion, behavior, and attention), rather than specific components of regulation such as aggression, oppositionality, or attention-deficit/hyperactivity disorder symptoms. Second, prior research supports the use of this broadband scale, particularly for very young children whose behaviors may not have differentiated as completely as older children’s (e.g., Leve et al., 2009).

**Covariates**

Adoption openness and BM substance use were included as covariates because they are two key factors that when controlled, minimize the potential for spurious relationships resulting from prenatal exposure (BM substance use) and adoptive parent behavior (adoptive openness) in adoption designs. Although not significantly associated with the independent or dependent variables in the current study, it is standard practice in adoption studies to include them as covariates because they fully confound genetic estimates with environmental estimates when not considered. In contrast, demographic characteristics of the families were only considered in preliminary analyses, in which it was determined that their inclusion did not affect the current results. Therefore, because of the lack of a strong theoretical rationale for inclusion of demographic variables, they are not further considered in the present study.

**Adoption openness.** To control for similarities between birth and adoptive families that might result from contact between parties, openness in the adoption was measured at T1 using a composite of BM, AM, and AF ratings of perceived adoption openness, contact with their counterpart, and knowledge about their counterpart (Ge et al., 2008). Intraclass agreement was high (\(r = .66–.81\), all \(ps < .001\)).

**BM prenatal substance use.** Because prenatal alcohol, tobacco, and other drugs (ATOD) use can confound estimates of genetic influences, the BM retrospectively reported her prenatal use of 10 substance classes (i.e., tobacco, alcohol, sedatives, tranquilizers, amphetamines, painkillers, inhalants, cocaine, heroin, and hallucinogens) at T1, using a pregnancy history calendar (Caspi et al., 1996). All 10 items were dichotomized (use vs. no use), and the Cronbach \(\alpha\) (KR-20) was 0.67. The sum of dichotomous indicators was positively skewed and collapsed into a 5-point scale: 0 (prenatal use of no substances) to 4 (prenatal use of four or more substances).

**Results**

**Data analysis**

Data analysis proceeded in two steps. First, latent growth curve modeling was used to examine mean trajectory shape and variability in trajectory shape for child negative emotion-
ality, and to estimate the effects of adoptive parent overreactivity, BM negative affect, and their interaction on both the intercept (mean level at 9 months of age) and slope (change per 9-month interval from 9 to 27 months) of negative emotionality. Second, externalizing problems at 27 months of age were added as an outcome of the intercept and slope of negative emotionality. Both direct and indirect effects of adoptive parent overreactivity, BM negative affect, and their interaction on externalizing problems were estimated. Mothers’ and fathers’ parenting were considered in separate sets of analyses, each coupled with the other parents’ reports of child negative emotionality and externalizing to minimize potential rater bias. Error terms were allowed to covary freely.

All models were estimated using full-information maximum likelihood under the missing at random assumption with Mplus V4.0 (Muthén & Muthén, 2006). Full-information maximum likelihood provides accurate estimations of models with missing data on the dependent variable, given that the missing-data patterns are not related to the dependent variable (Schafer & Graham, 2002). This assumption was tested and upheld for the present sample. Families with missing data for the third measurement occasion (less than 10% of the sample) did not differ significantly on any of the dependent variables at the first occasion from families with complete data. The only demographic characteristic related to attrition was household income. Families with only one data point had slightly higher income levels than other families; this does not violate the assumptions of the analysis procedures. Details regarding these analyses are available from the first author. In addition, all models included adoptive openness and adoptive mother prenatal ATOD use as covariates.

**Overview of results**

Correlational analyses indicated that externalizing problems at 27 months of age were positively associated with negative emotionality at earlier points in time but not with overreactive parenting, BM negative affect, or any of the covariates (Table 1). Negative emotionality at 9 months of age was positively correlated with overreactive parenting from mothers but not from fathers. BM negative affect was not significantly associated with adoptive mother overreactive parenting, suggesting a negligible role of evocative genotype–environment correlation as an explanatory mechanism for the association between overreactive parenting and child outcomes. Similarly, BM negative affect had no significant associations with child negative emotionality or externalizing behaviors, suggesting that any effect of genotype would likely be an interactive effect rather than a main effect. Mothers and fathers ratings of child negative emotionality were positively correlated within wave \((r = .57–.73, p < .01)\), as were ratings of externalizing behaviors \((r = .39, p < .01)\).

Table 2 presents the results from the latent growth curve models predicting father-rated child negative emotionality from mother overreactive parenting, BM negative affect, and their interaction. Table 3 presents the results from the latent growth curve models predicting mother-rated child negative emotionality from father overreactive parenting (environment), BM negative affect (genotype), and Genotype \(\times\) Environment interaction. Independent variables were centered at the sample mean. Figure 1 illustrates the Genotype \(\times\) Environment interaction on negative emotionality. Figures 2 and 3 summarize the results from the final models that include externalizing problems as an outcome at T3.

**Hypotheses 1 and 2: Effects of adoptive parent overreactivity, BM negative affect, and their interaction on the development of negative emotionality**

As expected, a significant mean slope for negative emotionality emerged, indicating a linear increase from 9 to 27 months of age (Tables 2 and 3). Significant variability in both the level and the slope of negative emotionality also was revealed, indicating individual differences in both initial levels and rates of change in negative emotionality. Higher levels of overreactive parenting by AMs (Table 2) and AFs (Table 3) predicted more negative emotionality at 9 months of age (intercept) but did not predict increases (slope) of

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**Table 1.** Means, standard deviations, and correlations among variables

<table>
<thead>
<tr>
<th>Variable</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Adoption openness (T1)</td>
<td>1.0</td>
<td>0.08</td>
<td>0.15*</td>
<td>0.00</td>
<td>-0.02</td>
<td>0.08</td>
<td>0.02</td>
<td>0.02</td>
</tr>
<tr>
<td>2. Prenatal ATOD use</td>
<td>0.08</td>
<td>1.0</td>
<td>0.12*</td>
<td>-0.10</td>
<td>0.02</td>
<td>-0.06</td>
<td>0.03</td>
<td>0.01</td>
</tr>
<tr>
<td>3. BM negative affectivity</td>
<td>0.15*</td>
<td>0.12*</td>
<td>1.0</td>
<td>0.02</td>
<td>0.12*</td>
<td>0.05</td>
<td>0.06</td>
<td>0.03</td>
</tr>
<tr>
<td>4. Overreactive parenting (T1)</td>
<td>0.05</td>
<td>-0.03</td>
<td>0.12</td>
<td>1.0</td>
<td>0.12*</td>
<td>0.05</td>
<td>0.02</td>
<td>0.09</td>
</tr>
<tr>
<td>5. Child negative emotionality (T1)</td>
<td>-0.01</td>
<td>0.02</td>
<td>0.03</td>
<td>-0.03</td>
<td>1.0</td>
<td>-0.08</td>
<td>0.64**</td>
<td>0.09**</td>
</tr>
<tr>
<td>6. Child negative emotionality (T2)</td>
<td>0.05</td>
<td>-0.04</td>
<td>0.07</td>
<td>-0.04</td>
<td>0.64**</td>
<td>1.0</td>
<td>-0.07</td>
<td>0.39**</td>
</tr>
<tr>
<td>7. Child negative emotionality (T3)</td>
<td>-0.09</td>
<td>-0.03</td>
<td>-0.08</td>
<td>-0.03</td>
<td>0.51**</td>
<td>0.67**</td>
<td>1.0</td>
<td>-0.53**</td>
</tr>
<tr>
<td>8. Child externalizing problems (T3)</td>
<td>-0.09</td>
<td>0.04</td>
<td>0.06</td>
<td>-0.04</td>
<td>0.07</td>
<td>0.36**</td>
<td>0.41**</td>
<td>0.57**</td>
</tr>
</tbody>
</table>

\(M = 4.65, SD = 1.22\)

*Note: Correlations displayed above/below the diagonal are associations between mothers’/fathers’ reports of their children and father/mother self-reported parenting. Means and standard deviations shown above/after the slash mark are mother/father reports. ATOD, alcohol, tobacco, and other drugs; BM, birth mother.

*\(p < .05\). **\(p < .01\).
negative emotionality over time. BM negative affect did not have a significant main effect on either children’s levels or rates of change in negative emotionality. However, a significant negative interaction effect between BM negative affect and overreactive parenting in relation to the intercept of child negative emotionality was detected for the model using adoptive mother overreactivity (Table 2). When this interaction term was included in the model, the effect of BM negative affect on the intercept of child negative emotionality became marginally significant.

To better understand this interaction effect, the effect of BM negative affect on child negative emotionality for adoptive mother overreactive parenting 1 SD above/below the mean values was calculated and plotted, according to procedures outlined by Preacher, Curran, and Bauer (2006). The interaction, shown in Figure 1, demonstrates that having a BM high in negative affect was associated with greater child negative emotionality when levels of overreactivity by AMs were low ($B = 2.39, p < .05$) but not when they were high ($B = 1.46, p = .86$). Analysis of the region of significance (see Preacher et al., 2006) showed that the effect of BM negative affect on child negative emotionality was significant for all levels of overreactivity more than 0.028 units below the mean of overreactivity. No interactions were noted in the model using adoptive father overreactivity. This difference between the effects of mother and father overreactivity appeared to be primarily the result of differences in the effect of overreactive parenting between mothers and fathers, rather than due to the source of the ratings.

Table 2. Latent growth curve model of child negative emotionality using adoptive mother’s parenting and adoptive father’s rating of the child’s negative emotionality

<table>
<thead>
<tr>
<th></th>
<th>Additive Model</th>
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<th>Additive Model</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Intercept $^a$</td>
<td>Slope (Linear) $^a$</td>
<td>Intercept $^a$</td>
<td>Slope (Linear) $^a$</td>
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<tr>
<td></td>
<td>$B$ $SE$ $\beta$</td>
<td>$B$ $SE$ $\beta$</td>
<td>$B$ $SE$ $\beta$</td>
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</tr>
<tr>
<td>Intercept</td>
<td>24.84** 2.70 4.07</td>
<td>13.35** 6.00 2.20</td>
<td>4.58** 1.41 1.78</td>
<td>7.44* 3.17 2.92</td>
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<tr>
<td>Residual variance</td>
<td>36.10** 4.67 0.98</td>
<td>35.56** 4.62 0.96</td>
<td>6.31** 1.90 0.96</td>
<td>6.14** 1.89 0.95</td>
<td></td>
</tr>
<tr>
<td>Effect of</td>
<td>Adoption openness</td>
<td>BM prenatal ATOD use</td>
<td>BM negative affect (G)</td>
<td>AM overreactive parenting (E)</td>
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</tr>
<tr>
<td></td>
<td>0.13 0.33 0.03</td>
<td>0.08 0.33 0.02</td>
<td>0.38 0.57 0.05</td>
<td>1.13* 0.45 0.78</td>
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</tr>
<tr>
<td></td>
<td>0.09 0.33 0.02</td>
<td>0.06 0.33 0.01</td>
<td>2.39† 1.41 0.30</td>
<td>0.22 0.10 0.78</td>
<td></td>
</tr>
</tbody>
</table>

Note: $G \times E$, Gene $\times$ Environment interaction between BM negative affect and AM overreactive parenting; BM, birth mother; ATOD, alcohol, tobacco, and other drugs; AM, adoptive mother.

Table 3. Latent growth curve model of child negative emotionality using adoptive father’s parenting and adoptive mother’s rating of the child’s negative emotionality

<table>
<thead>
<tr>
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<th>Additive Model</th>
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<th>Additive Model</th>
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<tbody>
<tr>
<td></td>
<td>Intercept $^a$</td>
<td>Slope (Linear) $^a$</td>
<td>Intercept $^a$</td>
<td>Slope (Linear) $^a$</td>
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<tr>
<td>Intercept</td>
<td>20.44** 2.87 3.23</td>
<td>21.30** 6.92 3.37</td>
<td>3.18* 1.49 1.40</td>
<td>3.18 3.57 1.14</td>
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<tr>
<td>Residual variance</td>
<td>39.09** 4.69 0.98</td>
<td>39.06** 4.69 0.98</td>
<td>7.63** 1.88 0.98</td>
<td>7.62** 1.88 0.98</td>
<td></td>
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<tr>
<td>Effect of</td>
<td>Adoption openness</td>
<td>BM prenatal ATOD use</td>
<td>BM negative affect (G)</td>
<td>AF overreactive parenting (E)</td>
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<tr>
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<td>0.15 0.86 0.03</td>
<td>0.00 0.06 0.00</td>
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</tbody>
</table>

Note: $G \times E$, Gene $\times$ Environment interaction between BM negative affect and AF overreactive parenting; BM, birth mother; ATOD, alcohol, tobacco, and other drugs; AF, adoptive father.

$a$ At 9 months.
$b$ Change per 9 months from 9 to 27 months.
*p < .05. **p < .01.
for child outcomes because models using the same (rather than opposite) informant for parenting and child outcomes also revealed the same pattern of differences between mothers and fathers. The covariates of adoption openness and prenatal ATOD use were not significant in any of the models.

Hypothesis 3: Negative emotionality as a predictor of externalizing problems at 27 months of age

Consistent with our hypotheses, both the level of negative emotionality at 9 months of age and the rate of change in negative emotionality from 9 to 27 months of age predicted individual differences in externalizing problems at 27 months of age, while accounting for BM negative affect, overreactive parenting, adoption openness, and BM prenatal ATOD use (Figures 2 and 3). In each model, negative emotionality and externalizing problems were rated by the same parent and overreactive parenting was measured by the opposite parent. This cross-rater approach was used to minimize inflation of correlations between parenting and child outcomes due to common rater effects.

Hypothesis 4: Indirect effects on externalizing problems

Indirect effects of BM negative affect (genotype), overreactive parenting (environment), and Genotype × Environment interaction on externalizing problems were estimated simultaneously with the full models presented in Figures 2 and 3 using the “model indirect” command of Mplus V4.0 (Muthén & Muthén, 2006). Direct effects of BM negative affect, overreactive parenting, adoption openness, and BM prenatal ATOD use on externalizing problems also were estimated; because none of the direct effects were statistically significant, the direct effects are not shown in Figures 2 and 3. Captions for Figures 2 and 3 note that adoptive parent overreactivity had a significant indirect effect on externalizing problems for both mothers ($β = 0.46, p < .05$) and fathers ($β = 0.07, p < .05$) through its effect on negative emotionality.

A significant indirect interaction effect on externalizing problems, mediated through child negative emotionality, was found for the model using adoptive mother overreactivity ($β = −0.46, p < .05$). The pattern of estimates for overreactive parenting, BM negative affect, and their interaction for this indirect effect was similar to those for prediction of negative emotionality (illustrated in Figure 1), again indicating stronger effects of genotype in the presence of low overreactive parenting.

Discussion

Findings from the current study contribute to our understanding of the development of parent-reported negative emotionality and externalizing problems during early childhood in several ways. Results documented links between both individual levels and change in negative emotionality during in-
fancy and toddlerhood to externalizing problems early in the third year of life, and also identified interactions between genetic influence (as measured via birth parent negative affect) and overreactive parenting in the development of both infant/toddler negative emotionality and toddler externalizing problems. This section addresses some of the implications of these findings for the research literature.

Effects of negative emotionality on externalizing problems

Results from the current study support previous research that has consistently documented links between children’s levels of negative emotionality and individual differences in externalizing problems during early childhood (e.g., Rothbart & Bates, 1998; Sanson et al., 2004). Current findings expand this line of work by suggesting that not only is negative emotionality an antecedent of externalizing problems but also that negative emotionality has its own developmental process. It is interesting that larger increases in negative emotionality during the first 2 years of life predict higher levels of externalizing problems during toddlerhood above and beyond initial levels of negative emotionality during infancy. This pattern of effects held across mother-report parenting to father-reported child externalizing, and vice versa (see Figures 2 and 3). Although none of the predictor variables were significantly related to individual differences in children’s rates of change in negative emotionality over time, prior work with this sample indicates that increases in negative emotionality are linked with increases in parents’ self-reported overreactivity and decreases in parent efficacy (Lipscomb et al., 2011). Taken together, results suggest that the ways in which infants and their parents adapt to toddlerhood (which is typically marked by increased mobility, independence, and expectations) have important implications for the developmental course of negative emotionality and also for toddlers’ externalizing problems.

Environmental moderation of genetic influences

The current findings also contribute to the growing literature on Genotype × Environment interactions in the development
of both negative emotionality and externalizing problems. The only other prospective full adoption study that examines genetic and environmental effects on toddler behavior, The CAP (Plomin et al., 1988), documents Genotype × Environment interaction on psychopathology during later childhood (e.g., Hershberger, 1994; O’Connor et al., 2003) but not during the first years of life. Consistent with the CAP, the current study did not identify a main effect of genotype on negative emotionality during toddlerhood. In contrast to CAP, a significant Genotype × Environment interaction emerged. Differences in the nature and focus of the assessments for adoptive and birth parents across the two adoption studies may have contributed to the ability to detect an interaction effect during very early childhood in the present study, whereas interaction effects were not detected until later in childhood in the CAP. Specifically, the present study has a strong focus on parenting practices in infancy and toddlerhood, whereas the CAP study has a strong focus on measurement of cognitive influences on early development. The findings from the current study therefore contribute unique information about interactions between genetic influences and self-reported parenting influences in toddlerhood.

Results indicated that genotype (BMs high in negative affect) only had an effect on negative emotionality, and indirectly on externalizing behaviors, when children had relatively low exposure to self-reported overreactive parenting from their mothers. Correlations between BM negative affect and child negative emotionality were small and nonsignificant; no main effects of BM negative affect were detected. In other words, genetic risk for negative emotionality predicted infant/toddler negative emotionality only under low levels of environmental adversity. When taken together, BM negative affect, overreactive self-reported parenting, and their interaction only accounted for up to 5% of the variance in child negative emotionality. Other factors, including high stability coefficients, also are important to the development of negative emotionality during early childhood.

The direction of the interaction is consistent with the biocological model, in which genetic influences have a greater impact in low-risk environments (Bronfenbrenner & Ceci, 1994; Raine & Venables, 1984), but is inconsistent with additive models of Genotype × Environment interaction (e.g., Hicks, South, DiRago, Iacono, & McGue, 2009; Moffit, Caspi, & Rutter, 2005; Rutter et al., 2006; Sheese et al., 2007), and with the differential susceptibility hypothesis in which positive environments buffer and negative environments exacerbate individual risk (see Belsky & Pluess, 2009; Rutter et al., 2006). As noted by Rutter and colleagues

Figure 3. The full model of the development of negative emotionality and externalizing problems using adoptive father (AF) overreactivity, birth mother (BM) negative affectivity, and adoptive mother (AM) rating of child negative emotionality and externalizing. Path coefficients are standardized estimates. A significant indirect effect of AF overreactive parenting on externalizing problems (mediated through negative emotionality intercept) was detected ($b = 0.07, p < .05$). The $R^2$ values for the intercept and slope of negative emotionality and for externalizing were .02, .02, and .31, respectively.
adoptive parents. For fathers, overreactive parenting predicted environmental moderation effects differed across models for the effects for mother overreactivity. However, the magnitude and significance of the effects for father overreactivity were present.

Most of the prior work in Genotype × Environment interaction has either assessed parenting as a combination of mothers’ and fathers’ behavior or has examined mothers’ parenting alone. There is some evidence that parenting moderates the effect of genetic risk on externalizing problems similarly for mothers and fathers in late adolescence (Hicks et al., 2009). Results from the current study suggest differences in environmental moderation for mothers and fathers during early childhood, with respect to perceptions of overreactive parenting and negative emotionality, and highlight the need for further research in this area.

Strengths, limitations, and conclusions

Several methodological strengths were incorporated into the present study. Most importantly, the prospective adoption design, where infants are adopted at birth and placed with nonrelative adoptive parents, allowed the effects of parenting, genetic influences, and their interaction to be disentangled without contamination by passive Genotype × Environment correlation (Rutter et al., 2001). Second, the longitudinal design and statistical modeling allowed for detection of effects of changes in negative emotionality over time to individual differences in externalizing problems. In addition, the inclusion of adoption openness and BM’s prenatal ATOD use as covariates in the analyses reduced the likelihood that the findings were influenced by prenatal drug exposure or from sharing of information between birth parents and adoptive parents.

Some caveats of the study need to be noted. First, genotype was inferred from the phenotype of BMs. The number of birth fathers participating in this study was only one-third that of the number of BMs. Considering the complexity of the analytic models for this study, we were most confident reporting findings from the BM data. We also conducted analyses using a combination of BM and birth father data (averaging negative affect across birth parents but using BM report only when there was no birth father). The pattern of beta coefficients was very similar to those reported for just the BM data. However, the standard errors for these analyses were very large, likely due to the low numbers of birth fathers participating and the low correlations between BM and father negative affect ($r = .01, p = .90$). In future years, the current study will have increased statistical power for detecting Genotype × Environment interactions with birth father data, due to an enlarged sample size via the recruitment of a second cohort of adoptive and birth families (Neiderhiser & Reiss, 2007).

Second, the adoptive families had limited ethnic and sociodemographic diversity, which affects the generalizability of findings. Nonetheless, the demographic characteristics of the sample were similar to those reported in CAP, the other
large US-based adoption study (Plomin & DeFries, 1983). Another limitation was the use of parent-report data for all study measures; we used a cross rater approach to minimize inflation of correlations due to common rater effects. However, self-reports of overreactive parenting would have ideally been corroborated by direct observations of parent–child interactions that were coded for overreactive parenting. Unfortunately, such data were not available in the present study.

In conclusion, the current investigation highlights the dynamic nature of negative emotionality during the first 2 years of life and demonstrates the importance of individual differences in rates of change in negative emotionality over time to externalizing problems in toddlerhood. Moreover, results documented an environmental moderation pattern that is consistent with the biocological model, with genetic risk having a larger effect for children in less adverse parenting environments. Additional work in this area will help to identify the multiple mechanisms through which specific environments might offset or exacerbate genetic influences on child outcomes, potentially providing guidance to intervention studies in terms of environmental contexts that might be targeted in studies aimed at preventing the development of maladaptive child outcomes (cf, Leve, Harold, Ge, Neiderhiser, & Patterson, 2010).

References


Negative emotionality and externalizing problems in toddlerhood


